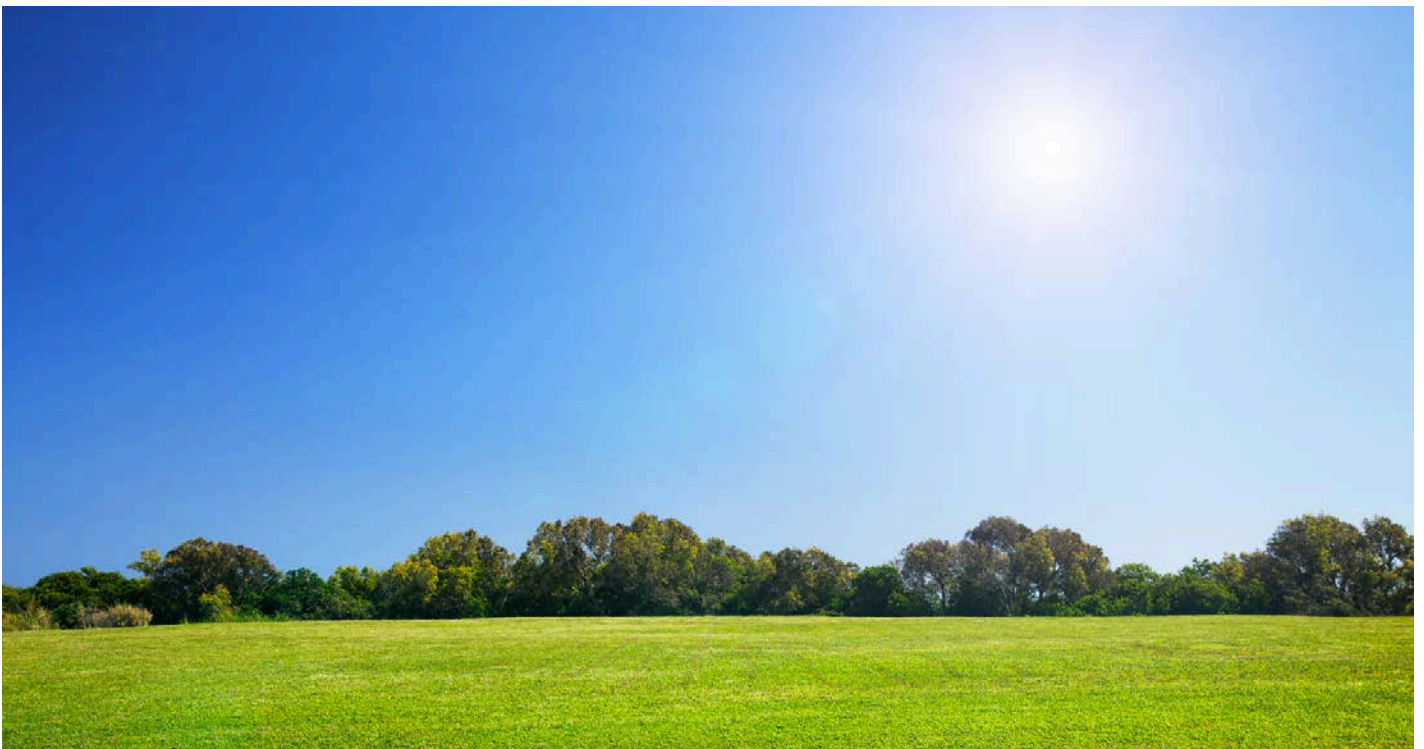


Sweet Porridge



July 2026



Your Little Yarra Steiner School is situated on Wurundjeri Country. We respectfully acknowledge the Wurundjeri Woiwurrung People of the Kulin Nation as the Traditional Custodians of the lands on which we work, learn, and play, and pay respect to their Elders past, present and emerging.

We are honoured to share in the continued care of this land, with its wetlands and river, its stones that sleep in the depths of the Earth, its plants and trees that reach for the Sun, and all the creatures that know it as home. We respectfully acknowledge the ancient and enduring culture of those who have walked this land in the past, which will continue to enrich the lives of our community into the future.



LITTLE YARRA STEINER SCHOOL

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One of my favourite things about winter is the brilliant blue sky. Cold, crisp mornings are often followed by clear, sunny days, perfect for a walk, a wander, and a moment to appreciate so much life around us.

Although we are halfway through the year, there is still plenty of time to nurture our projects and revisit the resolutions we have made. Winter gives us time to dream, inviting us to slow down. Nothing better than to read a good book, try a new recipe, enjoy a hot chocolate, and gather around the warmth of a fire.

With Term 3 now underway, familiar routines have returned. So, put the kettle on, settle in with a cuppa, and enjoy this latest issue of Sweet Porridge, filled with community news, seasonal inspiration, and local happenings.

Happy reading!

With warm wishes,

Sandra Rosa

Trees Around Us



Winter invites us to notice the quiet gifts of the forest. Some trees stand bare in peaceful rest, while others remain clothed in green, offering shelter and nourishment to the birds and animals through the cold season.

Silver Birch

Graceful and Beautiful

A graceful tree with smooth white bark and delicate, fluttering leaves that turn golden in autumn. It is often planted in gardens and school grounds.



English Oak

Mighty and Generous with Acorns

A large, strong tree with wide branches and deeply lobed leaves. In autumn it drops its leaves and produces acorns, which provide food for many animals.



Weeping Willow

Gentle and Flowing Beside the Water

An elegant tree with long, flowing branches that seem to dance in the breeze. It loves to grow beside rivers, creeks, and ponds.



Mountain Ash

Towering Protector of the Forest

The tallest flowering tree in the world and one of Victoria's iconic forest giants. Its evergreen leaves provide shelter for birds throughout the year.



Radiate Pine

Strong Shelter from the Winter Wind

A tall evergreen pine with clusters of long needles and large woody cones. It offers excellent shelter from wind and rain and is common in rural Victoria.



Sweet Bursaria

Provider of Food and Safe Refuge for Wildlife

A native Australian shrub with small white, honey-scented flowers in summer and prickly branches that create safe hiding places for small birds and insects.



Poems

Trees

by Harry Behn

Trees are the kindest things I know,
They do no harm, they simply grow
And spread a shade for sleepy cows,
And gather birds among their bows.

They give us fruit in leaves above,
And wood to make our houses of,
And leaves to burn on Halloween
And in the Spring new buds of green.

They are first when day's begun
To tough the beams of morning sun,
They are the last to hold the light
When evening changes into night.

And when a moon floats on the sky
They hum a drowsy lullaby
Of sleepy children long ago...
Trees are the kindest things I know.



The Tree

By C. J. Dennis

I planted here, to-day, a strong young tree.
Rich soil it has, and sun, and space to grow;
And who, I wonder, in the years to be
Will seek its boughs' soft shade; for well I
know
Long ere this slender plant grows full and
round
He who now tends it shall be sleeping sound.

What manner of a man will sit to view
This now familiar scene when those shades
spread?
Will he be thankful that he never knew
These days of strange, uncomprehended
dread?
Or will he, gazing back, find cause to sigh
For olden peace, for happier days gone by?

I planted here, to-day, a strong young hope
That, when this tree's green banners be
unfurled,
There shall come singing down this verdant
slope
Some wiser mortal of a wiser world.
And if he bless the man who set the tree,
And be content, so, mayhap, shall I be.



How the Evergreen Trees Stayed Green

By thebearthinstitute

Adapted for the Yarra Valley, Victoria

One day, a long, long time ago, it was very cold; winter was coming. And all the birds flew away to the warm north, to wait for the spring. But one little bird had a broken wing and could not fly. He did not know what to do. He looked all around to see if there was any place where he could keep warm. And he saw the trees of the great forest.

"Perhaps the trees will keep me warm through the winter," he said.

So he went to the edge of the forest, hopping and fluttering with his broken wing. The first tree he came to was a graceful Silver Birch.

"Beautiful Silver Birch," he said, "will you let me live in your warm branches until the springtime comes?"

"Dear me!" said the Silver Birch. "What a thing to ask! I have to take care of my own branches through the winter; that is enough for me. Go away."



The little bird hopped and fluttered with his broken wing until he came to the next tree. It was a great, spreading English Oak.

"O great English Oak," said the little bird, "will you let me live in your warm branches until the springtime comes?"

"Dear me," said the Oak, "what a thing to ask! If you stay in my branches all winter, you will be eating my acorns. Go away."

So the little bird hopped and fluttered with his broken wing until he came to a Weeping Willow beside the creek.

"O beautiful Willow," said the little bird, "will you let me live in your gentle branches until the springtime comes?"

"No, indeed," said the Willow. "I never speak to strangers. Go away."

The poor little bird did not know where to go, but he hopped and fluttered along with his broken wing. Presently, a tall Mountain Ash saw him and said,

"Where are you going, little bird?"

"I do not know," said the bird. "The trees will not let me live with them, and my wing is broken so that I cannot fly."

"You may live on one of my branches," said the Mountain Ash. "Here is a sheltered one."

"But may I stay all winter?"

"Yes," said the Mountain Ash. "I shall be glad to have you."

A great Radiata Pine stood beside the Mountain Ash, and when he saw the little bird hopping and fluttering with his broken wing, he said,

"My branches are not the warmest, but I am tall and strong, and I can keep the cold winter winds away from your little home."



Then a nearby Sweet Bursaria saw what was happening and said,

"I shall give the little bird berries and seeds to eat through the winter."

So the little bird settled safely among the branches of the Mountain Ash. The Radiata Pine sheltered him from the icy winds, and the Sweet Bursaria provided him with food. He was warm, safe, and content.

The trees at the edge of the forest remarked upon it to each other.

"I wouldn't take care of a strange bird," said the Silver Birch.

"I wouldn't risk my acorns," said the English Oak.

"I would not speak to strangers," said the Willow.

And the three trees stood tall and proud.

That night the South Wind came rushing through the forest with its icy winter breath. It shook the branches and danced among the trees.

"May I strip every leaf from the forest?" it asked the Frost King.

"No," said the Frost King. "The trees that were kind to the bird with the broken wing may keep their green leaves."

So the South Wind had to leave them alone, and the Mountain Ash, the Radiata Pine, and the Sweet Bursaria stayed green throughout the winter. And they have done so ever since.

And that is why, even in the coldest days of winter, there are always green trees and shrubs offering shelter, food, and hope to the little birds of the Yarra Valley.



Discover the Wonders of Australian Native Plants

Inspired by information from Nature Conservancy Australia: 10 Fun Facts About Native Australian Plants.



Australia is home to an extraordinary variety of plants, with around 24,000 native species found across the country. Even more remarkable, about 80% of Australia's plants grow nowhere else on Earth, making our landscapes truly unique. These native plants have adapted over thousands of years to Australia's soils, climate, and seasons, allowing them to thrive with little water and minimal care.

Native plants do much more than add beauty to our bushland and gardens. They create homes and provide food for birds, bees, butterflies, insects, and mammals, helping to support healthy ecosystems. In return, these ecosystems clean our air, protect our waterways, enrich the soil, and help regulate the climate. Here are a few fascinating facts about some of Australia's remarkable native plants:

 **Mountain Ash** (*Eucalyptus regnans*) is the tallest flowering tree in the world, capable of growing over 100 metres high. These magnificent forest giants are found right here in Victoria and provide shelter for countless birds and animals.

 **Everlasting Daisies** brighten the bush with their colourful flowers, attracting native bees and butterflies. Although each plant lives only a short time, they often scatter seeds that bloom again the following year.

 **Golden Wattle**, Australia's national floral emblem, is one of more than 1,000 species of wattle. Wattles are among the first plants to recover after fire or drought, bringing colour and life back to the landscape.

 **Bottlebrushes** are famous for their bright, brush-shaped flowers filled with nectar. Honeyeaters, lorikeets, wattlebirds, bees, and butterflies all visit these blossoms for a meal.

 **Grevilleas** come in many shapes and sizes, from low groundcovers to small trees. Their nectar-rich flowers are a favourite food source for birds, bees, and butterflies throughout the year.

As winter settles over the Yarra Valley, many deciduous trees quietly rest without their leaves. Yet Australia's evergreen forests continue to offer shelter, food, and protection for wildlife. On your next walk, take a moment to notice the trees around you and wonder: Who might be finding a safe home among their branches today?

Craft Corner

Nature Weaving

Bring a little of the outdoors inside with this peaceful weaving activity.

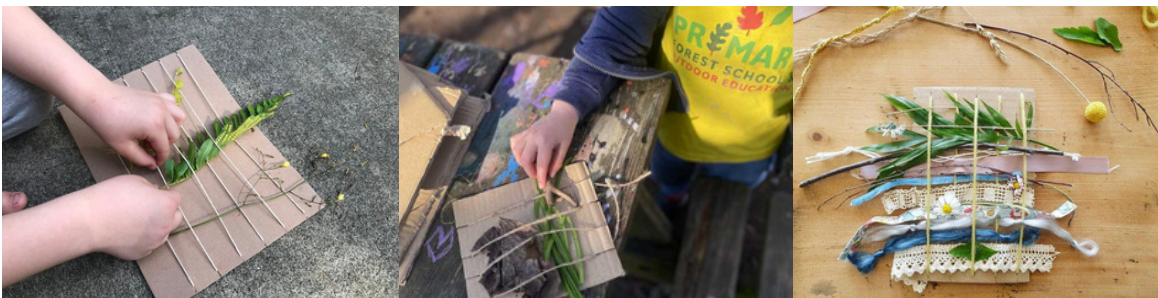
Materials

- A piece of sturdy cardboard
- Wool or cotton string
- Scissors
- Small treasures from a winter walk (gum leaves, tiny twigs, feathers, seed pods, grasses)



Instructions

1. Cut small notches along the top and bottom of the cardboard.
2. Wrap wool vertically between the notches to make a simple loom.
3. Weave natural treasures and coloured yarn over and under the strings.
4. Hang your weaving in a sunny window or give it as a handmade gift.





Apple&Pear Crumble

A warming recipe for the last weeks of winter

As winter slowly begins to give way to spring, apples and pears bring a gentle sweetness to the family table. This simple crumble is warm, comforting and easy for children to help prepare. Enjoy it after a chilly afternoon outdoors, served just as it is or with a spoonful of yoghurt, cream or custard.

Ingredients

For the fruit

- 4 apples
- 3 pears
- 1 tablespoon lemon juice
- 1 teaspoon ground cinnamon
- 1 tablespoon brown sugar or maple syrup
- 2 tablespoons water

For the crumble

- 1 cup rolled oats
- $\frac{3}{4}$ cup plain flour
- $\frac{1}{2}$ cup brown sugar
- 1 teaspoon ground cinnamon
- 100 g butter, softened
- or use a plant-based butter for a dairy-free version
- $\frac{1}{4}$ cup chopped walnuts or almonds, optional



Method

- Preheat the oven to 180°C.
- Peel and core the apples and pears, then cut them into small pieces.
- Place the fruit in a baking dish. Add the lemon juice, cinnamon, brown sugar or maple syrup, and water. Mix gently.
- In a separate bowl, combine the oats, flour, brown sugar and cinnamon.
- Add the softened butter and rub it into the dry ingredients with your fingertips until the mixture resembles rough crumbs.
- Stir through the chopped nuts, if using.
- Sprinkle the crumble mixture evenly over the fruit.
- Bake for 35–40 minutes, or until the topping is golden and the fruit is soft and bubbling around the edges.
- Allow it to cool for a few minutes before serving.





This Month in the Garden

Late Winter Jobs

Getting Ready for Springs

As the days slowly lengthen and the soil begins to warm, August is the perfect month to prepare your garden for the burst of growth that spring will bring. A little work now will reward you with healthy flowers, productive vegetables, and happy wildlife in the months ahead.

Plant

Plant bare-root fruit trees, roses and berries while they are still dormant. Finish planting spring-flowering bulbs if you still have some left. Divide overcrowded clumps of herbs such as chives and oregano.

Sow

Indoors or in a warm spot: tomatoes, capsicum, basil and zucchini. Outside: peas, broad beans, spinach, silverbeet, carrots, lettuce and beetroot. Start wildflower or pollinator-friendly seed trays for spring planting.

Prune

Finish pruning roses before new growth appears. Prune deciduous fruit trees, removing dead or crossing branches. Trim back ornamental grasses before fresh shoots emerge.

Feed & Prepare

Top up compost and mulch around trees and garden beds. Add compost to vegetable patches to enrich the soil. Check irrigation systems before the warmer weather arrives.

Welcome Wildlife

Leave a few flowering weeds or winter blooms for bees. Hang a bird nesting box or provide shallow water for birds. Plant native flowering shrubs to support local pollinators. Nature Watch

Keep an eye out for the first signs of spring:

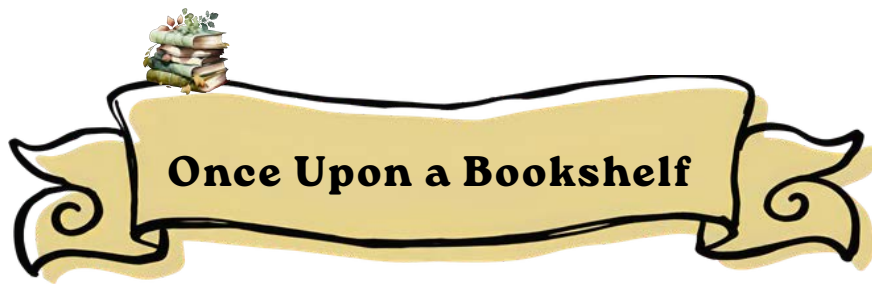
-  Early daffodils and jonquils beginning to bloom.
-  Wattlebirds, honeyeaters and magpies becoming more active.
-  Buds swelling on deciduous trees, ready to unfurl their new leaves.
-  Native bees emerging on sunny afternoons.

Garden Challenge

Create a Bee-Friendly Corner

Choose one sunny spot in your garden, balcony or windowsill and plant three flowering plants that bloom from late winter into spring. Add a shallow dish of water with a few pebbles for bees to land on, and watch your tiny visitors arrive over the coming weeks.





Discover a selection of beautiful stories and thoughtful reads from our library. Whether you're looking for adventure, wisdom, or inspiration, these books invite readers of all ages to explore new worlds and timeless ideas.

Journey into a world of Chinese folklore, magic and adventure with Grace Lin's beloved companion novels. Richly illustrated and filled with timeless themes of courage, family, friendship and hope, these award-winning stories celebrate the power of storytelling and cultural tradition. While each book can be enjoyed on its own, readers are encouraged to begin with *Where the Mountain Meets the Moon*, followed by *Starry River of the Sky* and *When the Sea Turned to Silver* to fully experience the magical connections between the characters and stories.

Where the Mountain Meets the Moon

By Grace Lin

Young Minli leaves her mountain village on a magical quest to find the Old Man of the Moon and change her family's fortune. Filled with Chinese folklore, dragons, friendship and courage, this beautifully illustrated novel celebrates hope and kindness.



Starry River of the Sky

By Grace Lin

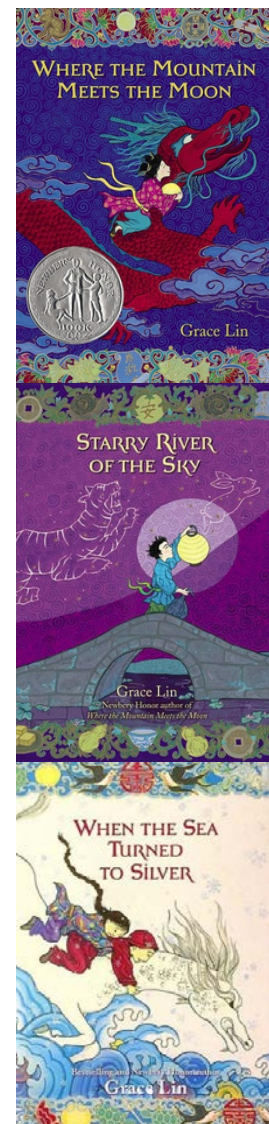
A mysterious village where the moon has disappeared becomes the setting for another enchanting tale inspired by Chinese mythology. As Rendi uncovers hidden stories, he discovers that every person carries a story worth telling.



When the Sea Turned to Silver

By Grace Lin

Pinmei sets out on a courageous journey to rescue her beloved grandmother, a gifted storyteller. Woven with myth, adventure and the power of stories, this is a moving conclusion to Grace Lin's treasured companion novels.





COMMUNITY MARKET DAY



ECOSS Valley Market

Date & Time

4th Saturday of the month, 10:00 AM – 2:00 PM

Location

Yarra Valley ECOSS, 711 Old Warburton Road, Wesburn

Highlights

Local produce, artisan foods, sustainability, permaculture, community workshops.

ecoss.org.au



ECOLOGICAL &
SOCIAL
SUSTAINABILITY



Millgrove Market

Date & Time

Selected Saturdays, 8:00 AM – 2:00 PM

Location

3060 Warburton Highway, Millgrove

Highlights

Handmade crafts, local produce, plants, community atmosphere.

ourranges.com.au

Warburton Valley Market

Date & Time

Monthly (check current dates)

Location

Warburton Arts Centre, 3409 Warburton Highway, Warburton

Highlights

Handmade goods, local artists, food stalls, live music.

warburtonvalleymarket.com.au



Upper Yarra Community Market

Date & Time

2nd & 4th Sunday of the month, 8:00 AM – 2:00 PM

Location

1 Park Road (adjacent to Recreation Reserve), Yarra Junction

Highlights

Fresh produce, handmade crafts, plants, family-friendly atmosphere.

www.upperryarracommunitymarket.com.au



What's on in Warburton and Millgrove - May and June -

WHEN	EVENT
1st Sun of month	Warburton Valley Market • 11:00am-3:00pm
Every Monday	Free Chair Pilates • 12:30pm-1:20pm
Every Monday	Warby Walkers • 2:00pm
1st & 3rd Mon	Upper Yarra Rotary Meeting • 7:00pm
3rd Mon	Garden Club • 7:00pm
2nd Tues	Film Society • 7:30pm
3rd Wed	Advancement League • 7:30pm
Every Wednesday	CFA Training • 7:30pm-9:00pm
Every Wed & Sat	Upper Yarra Museum • 10am-4pm
Last Wed	River Valley Church Dinner • 6:00pm
Every Thursday	Koha Community Café • 6:00pm
1st Thurs	Emergency Planning Group • 7:00pm
Every Friday	Yoga with Sandra Rosa • 9:30am
Friday night	Soup Night • From 5:30pm
Friday night	ECOSS Market • 3:30pm-6:00pm
2nd Friday	Spoken Word • 6:00pm-9:00pm
Every Saturday	Yoga with Kath • 8:00am
3rd Sat & 5th Sun	Millgrove Market • 9:00am-2:00pm
Every Sunday	CFA Training • 9:30am-11:30am
3rd Sun	Sunday Circle • 10:00am-2:00pm



 **Professionals**

Care You Can *Count On*

Selling or Buying?
Make your move with Yarra Valley experts.

Professionals Yarra Valley
Yarra Junction | 03 5967 1800 | Warburton | 03 5966 2800

SUPPORTING OUR LOCAL COMMUNITY BUSINESSES



21 Bell St, Yarra Glen VIC

www.novelnook.com.au



Nourish yourself this May

As the cooler months arrive,
The Wellspring offers space to
slow down, restore and reconnect.

Visit us for grounding, healing and
seasonal support.

What's on offer?

Massage & Bodywork	Herbal Remedies
Moxibustion	Immune Support
Energy Healing	Nourishing Broths
Herbal Consults	Local Herbs
Yoga Classes	Skincare
Events & Workshops	Natural Incense
	Ritual Tools
	Artwork



Scan to book
or shop

The Wellspring
WARRUBTON



Little Yarra Steiner School
Yarra Valley's Independent K-12 Steiner School

Playgroup

Looking for a warm, welcoming space for your little one to play and grow? Join our playgroup community! Our playgroup is designed for children who are two turning three in 2026- a gentle, nurturing space to explore, play, and connect.

Tuesday or Wednesday Mornings
Register Your Interest using the QR Code
or contact our registrar
registrar@lyss.vic.edu.au
(03) 5967 1953



www.lyss.vic.edu.com

Family Constellation Therapy

Heal the Past
Shift the Present
Empower the Future

Feeling stuck or repeating the same patterns?

Family Constellation reveals hidden dynamics in your family system that may shape your emotions, relationships, and choices.

Helps with:

- ✓ Relationship difficulties
- ✓ Anxiety, grief, or emotional overwhelm
- ✓ Feeling "stuck"
- ✓ Repeating patterns or family tensions
- ✓ Stress, burnout, or inner conflict

Sessions with Sandra Rosa – Sacred Connections

Online or in-person (Yarra Valley)

☎ 0410 951 128

✉ sandrarosa.info@gmail.com

Instagram: @sandrarosa.welcome

Free 15-minute consultation available



*Unlock a calmer, brighter
future for your child and family!*



As a parent of 4 LYSS students, I've seen first-hand how energy healing (Reiki) can transform stress, anxiety, depression, and learning challenges into confidence and well-being.

I also offer Kinesiology, where your body guides the way to lasting change, releasing old traumas, patterns and conditionings.

Take the first step—book a session with Jennie de Vine and feel the difference! Ph 0438 706 135

Cacao Ceremony & Crystal Sound Bowl Journey

A Heart-Led Cacao
Experience to Nourish
Your Body, Heart & Soul

♡ Rest ♡ Receive ♡ Reconnect

Monthly at
Mount Evelyn Hall
Find us on Humanitix



Reconnecting to Life

Creative arts therapy for chronic conditions such as anxiety, chronic pain, fibromyalgia, endometriosis, chronic fatigue syndrome, chronic pain, depression...etc

I support you in understanding the landscape of your nervous system, restoring your well-being, and rediscovering yourself beyond the chronic condition.

reconnectingtolife.com

Norma: +61 45 244 2317

Whatsapp: +64 210 884 3185

norma@reconnectingtolife.com

gather, create, reflect, and reconnect

HOMEcoming

WOMAN'S RETREAT

A curated weekend of folk stories, craft with clay and thread, and connection.

'Homecoming' offers a nurturing and thoughtfully held space to explore stories that have the power to shape us as we blend storytelling, weaving and claywork, alongside bodywork, and wholesome nourishment.

Over the weekend, you can expect an invitation to experience:

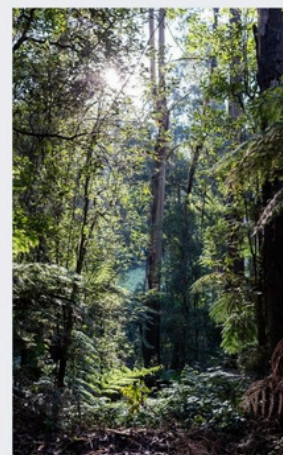
- Therapeutic storytelling and reflective conversations exploring the Celtic myth of the 'Selkie's lost Skin', and Serbian folk tale of 'The Woman who became a Fox'
- Weaving and clay-based creative practices integrating stories with self-exploration
- Guided visualisations and mindfulness
- Nervous system regulation & grounding bodywork practices
- Opportunities for rest, connection, and personal insight
- A compassionate, trauma-informed group environment

DATE: 14-16TH AUGUST

LOCATION: YAMA KI, DON VALLEY

INVESTMENT: \$765 (ALL INCLUSIVE 2 NIGHTS TWIN-SHARE ACCOMMODATION, NOURISHING MEALS AND 'HOMEcoming' PROGRAM OF ACTIVITIES)

More details: www.yamaki.com.au/events



MEDITATION FOR CHILDREN
Sat 8th & Sun 9th August
10am-11.30am



- ✦ Creative guided meditation
- ✦ Animal/nature affirmation cards
- ✦ Artistic activity
- ✦ A touch of yoga

Located in Wesburn

Contact Tammy 0490 402 331

facebook.com/DandelionSeedsMeditation

Music Register

Instruments for Sale

(Please email sweetporridge@lyss.vic.edu.au to add or remove an instrument).

VIOLINS

- **1/4 Size Violin** – Hard foam case, good condition. \$250.

Contact Crystal – 0416 361 012

- **1/2 Size Enrico Violin** – Hard case, shoulder rest, bow, rosin and new strings. \$120.

Contact Kaku – 0435 798 714

- **1/2 Size Skylark Violin** – Bow, shoulder rest, rosin and hard case. Good condition. \$70.

Contact Vasudha – 0451 944 051

- **Full Size (4/4) Prelude Violin** – Copy of Stradivarius. Bow and case included. Valued at \$2,500. Selling for \$1,500.

Contact Aladdin Jones – 0490 123 199 or Tessa Priest – 0405 390 348

- **Full Size (4/4) Gliga III Violin**, Romania 2011 – very good condition, including the case and C.O.Reichel bow. \$250.

Contact Claudia – 0400 339 235

VIOLA

- **1/2 Size Gliga III Viola** (Romania, 2010) – Includes case, bow, shoulder rest and rosin. \$250.

Contact Naomi – 0421 424 544

CELLOS

- **1/4 Size Salieri Cello** – Bow and semi-hard case included. Excellent condition. \$550.

Contact Monique – 0401 353 698

- **1/4 Size Chamber Student Cello** – Bow and soft case. \$400 negotiable.

Contact Cat – 0403 334 808

- **1/4 Size Cello** – Hard foam case and bow included. \$350.

Contact Crystal – 0416 361 012

- **1/4 Size Chamber Student Plus Cello** – Great condition. \$700.

Contact Nadine – 0423 539 718

- **1/4 Size Chamber Cello** – Hybrid Case – Good condition. \$575.

Contact Amber – 0417 590 359

- **1/2 Size Chamber Student Cello** – Bow, rosin and hard case included. Very good condition. \$750 ono.

Contact – 0458 254 828

- **1/2 Size Chamber 300 Cello** – Hybrid hard case included. Excellent condition. \$1,000.

Contact Victoria – 0411 016 299

- **1/2 Size Cello** – Serviced.

Contact Rosemary – rbrennanherrera@gmail.com

- **3/4 Size Skylark Cello** – Case and bow included. \$400 negotiable.

Contact Luna – 0433 337 161

- **3/4 Size Arco Cello** (Animato Strings) – Hard foam case and bow included. \$550.

Contact Liz – 0401 054 881

lizmynes3357@gmail.com

- **Full Size (4/4) Enrico Student Plus II Cello** – Near new. Bow and hard foam case included. \$800.

Contact Liz – 0401 054 881

lizmynes3357@gmail.com

- **3/4 Size Chamber Student 300S Cello** – Semi-hard case included. \$750 ono.

Contact Kelly – 0414 391 039

- **7/8 Size Cello** – Includes stand and bag. \$888.

Contact Loene – 0433 510 501

SAXOPHONE

- **Brass Tenor "The Sound" Saxophone** – Includes reeds, neck strap and hard case. Excellent condition. \$500.

Contact Lisa & Marko – lisa.n.marko@gmail.com

PIANO

- **Victor Upright Piano**, fully reconditioned, all felt on keys and some of the ivory on keys professionally renewed, some strings replaced, concert pitch tunes, in very good condition, plays well, beautiful warm sound, no longer needed as we have another piano. \$1100. Pick up from Yarra Junction. Sonja 0417 434 272.

- **Korg D1 88 Note Weighted Key Stage Piano** with case and stand, brand new condition. \$999 ono. Contact Stephanie on 0490 533 697.

Please note that music teachers are happy to assess if the instrument is the correct size for your child and advise if there are any repairs required prior to purchase. When discussing this with the seller please explain this may take a week as the teacher will need to fit time in for this around their busy schedule. If you require a valuation, it is best to take the instrument to a valuer for a valuation none of our staff are qualified to value. Please make sure that any instruments are clearly labelled with a contact phone number for collection



KALLISTA CO-OP

VINTAGE CLOTHING

We have just relocated our Kallista
store to 5/2 Union Rd Wandin
North

Stocking high quality recycled and
hand made clothing and
accessories in natural fibres, and
new wool socks, tights, hats and
gloves

Open Tuesday to Sunday

Advertising rates and artwork specifications

- Small ad / 25 words – \$3
- Business card size: 92.5 x 65.5mm or 100 words – \$6
- Quarter page: 92.5 x 136mm – \$10
- Half page (Horizontal): 190 x 136mm – \$17
- Full page: 190 x 277mm – \$30
- Community Notices – Free of Charge
- All year by arrangement

All revenue raised from Sweet Porridge benefits the
Parents

Association of Little Yarra Steiner School.

Advertising payments can be made via EFT.

BSB 633 000 A/C 14 284 4166 LYSS P & F

Please email all content to

sweetporridge@lyss.vic.edu.au



The Christian Community in the Yarra Valley

Our activities are held at:
Little Yarra Steiner School
205 Little Yarra Road, Yarra Junction

Saturday Service - 29th August 2026

10am: The Act of Consecration of The Human Being

(please arrive at least 5 mins before)

11am: Morning-tea & Conversation - please bring a shared plate if you can.

11.30am: Talk: The Human Being was Made for Joy and Woe (Blake) -
contemplation with Cheryl Nekvapil.

All are welcome to join us for the service and/or for the talk.

Monday Night Study Group - 10th August, 14th September ...

The **2nd Monday every month, 7pm for a social 30 mins, 7.30pm start**, Movement Room, Primary School. We are currently studying Emil Bock's The Rhythm of the Christian Year. PDF's are available for those that do not have the book.

Wednesday Night Study Group - 26th August, 23rd September ...

The **4th Wednesday every month, 7pm for a social 30 mins, 7.30pm start**, Movement Room, Primary School. Study is on the Gospel readings of the Festival we are studying on the Monday night.

All Welcome. Each study group evening may be attended independantly.
Donations for attendance are gratefully received for the work of The Christian Community, Melbourne and in Australia.

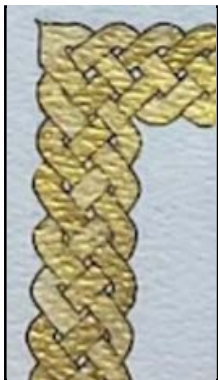
For more information please contact: Rev. Darryl Coonan: 0447 881 957 or
Lisa Ni Conchuir 0412 209 761

**Our Community is very grateful to
The Little Yarra Steiner School for their support. Thank you!**

Creating Celtic Knots

September 5th & 12th 10am - 4pm

The Boardroom, ECOSS, 711 Old Warburton Road, Wesburn



In this 2 day workshop you will learn to draw, design and decorate Celtic knots.

Day 1 you will learn a variety of design techniques on paper with pencil.

Day 2 we will continue with further design ideas and you will be guided through a process to design your own illuminated letter and words with your own Celtic knot designs.

Day 1 may be taken as a single workshop but is a prerequisite for Day 2.

Come and join us in a relaxing and beautiful space to explore creativity, design and beauty with this traditional art form.

\$150/\$120 conc. (Day 1 only - \$75/\$60 conc.)

Morning tea provided. BYO lunch or enjoy a taco from Tonantzin Chocolate (a short stroll away).
Upon booking a basic materials list will be sent to you for purchase.

**Bookings and information please call Lisa Ni Conchuir 0412 209 761 or
email: elementalliving.lisa@gmail.com**

Lisa has been a member of the Calligraphy Society of Victoria for many years and loves working with and sharing the traditional skills of calligraphy and illumination.

The School of Biodynamic Gardening
Gardening with the Spirit

Introduction to Biodynamic Practice & Planting

Saturday 19th September 2026



You will learn to:

- *An introduction to Biodynamic practices
- ***Understand and use the Biodynamic Planting Calendar.**
- *Work with the rhythms of the Earth & Cosmos to enhance plant vitality.
- ***Seed sowing & Planting skills for your Flower, Herb & Veggie Garden.**
- *Inner Practices for Perceiving Nature
- ***Lots of time for your Garden questions.**
- *Take home your seed sowing from the day.
- ***Includes Morning tea & Lunch** from our Biodynamic garden.

*This workshop is learning Biodynamic theory and putting it into practice!
Learn how to enhance human, plant, soil and atmospheric health whilst
deepening your connection with the Spirit in Nature.*

Venue: Gladysdale Farm - 90 mins from Melbourne in the beautiful Yarra Valley.

Workshops - \$140.00 full, \$100.00 conc.

For more information and bookings please contact Lisa

Ph: 0412 209 761

email: elementalliving.lisa@gmail.com

elementsofliving.com.au

SUPPORTING OUR LOCAL COMMUNITY BUSINESSES

TONANTZIN

CHOCOLATE HOUSE



NEW OPENING HOURS

FRI 3.30PM-6.00PM

SAT 9.00AM- 3.00PM



COFFEE

TACOS

CHOCOLATE

HOT CHOCOLATE

COLD DRINKS

711 Old Warburton Rd, Wesburn, 3799



Professionals

Local Knowledge. Trusted *Experience.*

With nearly **20 years** of real estate experience, Suzie is an award-winning agent known for her personable approach and unwavering support for her clients. She brings strong negotiation skills, a deep appreciation for both people and property, and a true passion for the beautiful Yarra Valley.

Beyond real estate, Suzie and her family are deeply connected to the local community. Her partner, Shar'lee, teaches Kinder/Prep at Little Yarra Steiner School, where their daughter Jazz also attended.

Backed by a strong track record of referrals from buyers and sellers alike, **Suzie is a fantastic guide to support you through your next property transaction.**



If you would like to chat about your property journey obligation free, don't hesitate to *reach out.*

Suzie Brannelly

0422 847 773

Professionals Yarra Valley

03 5967 1800

2460 Warburton Highway, **Yarra Junction** VIC 3797

03 5966 2800

3414 Warburton Highway, **Warburton** VIC 3799

