

Sweet Porridge



September 2024



Little Yarra Steiner School is situated on Wurundjeri Country. We respectfully acknowledge the Wurundjeri Woiwurrung People of the Kulin Nation as the Traditional Custodians of the lands on which we work, learn, and play, and pay respect to their Elders past, present and emerging.

We are honoured to share in the continued care of this land, with its wetlands and river, its stones that sleep in the depths of the Earth, its plants and trees that reach for the Sun, and all the creatures that know it as home. We respectfully acknowledge the ancient and enduring culture of those who have walked this land in the past, which will continue to enrich the lives of our community into the future.

Spring has sprung!

Welcome to the latest edition of Sweet Porridge!
As we head towards the school holidays, this issue is full of so many wonderful events coming up in the next month or so, and after all the wild weather of the last few weeks, I think we're all looking forward to some warmer weather and getting out and about!

Enjoy the holidays!

Warmly, Karli

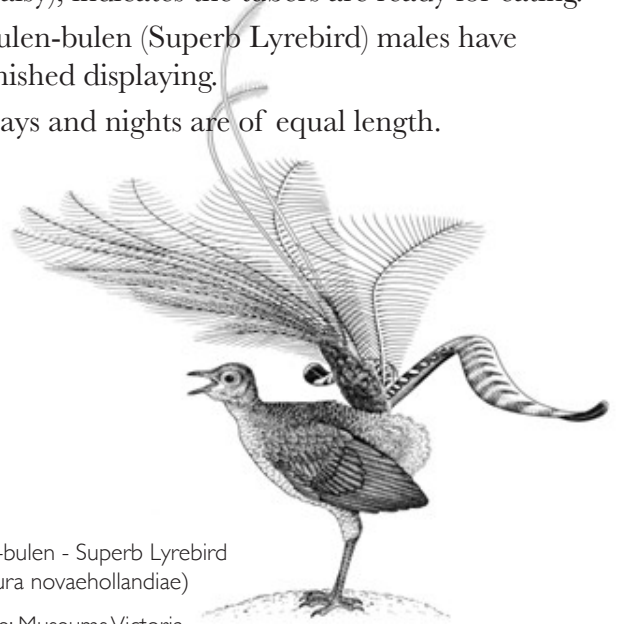
(sweetporridge@lyss.vic.edu.au)

Contributions of articles, recipes, stories, poems, music and artwork always welcomed.

Advertising deadline for the next issue of Sweet Porridge is Friday 18th October

Poorneet Tadpole Season (September-October)

- Temperatures are rising but the rain continues. Flax-lilies are flowering.
- Pied Currawongs call loudly and often.
- The flowering of plants such as Myrnong, (Yam Daisy), indicates the tubers are ready for eating.
- Bulen-bulen (Superb Lyrebird) males have finished displaying.
- Days and nights are of equal length.



Bulen-bulen - Superb Lyrebird
(*Menura novaehollandiae*)

Source: Museums Victoria

Alumni Morning Tea Invitation – Save the Date

Dear Alumni Students & Families,

We are thrilled to invite you to a special Alumni Morning Tea during our annual School Fair and Open Day!

Date: Saturday 16 November 2024

Time: 11 am Location: Eurythmy Room

This event is a wonderful opportunity for you to reconnect with old friends, meet other alumni, and catch up with current and former teachers. We look forward to hearing your stories and sharing the latest news about our beloved school.

Please join us for a delightful morning of reminiscing, networking, and celebration. Your presence would mean a lot to us and contribute to making this event memorable.

To confirm your attendance, kindly RSVP by contacting us at alumni@lyss.vic.edu.au.

Please also feel free to just drop in on the day for some cake and cuppa with other alumni and teachers.

We hope to see you there and look forward to welcoming you back!

Warm regards,

Shannon Ellis and Little Yarra Steiner School Staff



Wild Cherry School BAIRNSDALE

2024 Spring Fair

Saturday 26th October

Market stalls,
children's activities,
cake stall,
BBQ, hot food
historical re-enactment, coffee and
more

Enquiries welcome 51521966
springfair@wildcherry.vic.edu.au

10am – 2pm

28 McKean Street

Bairnsdale



WILD
CHERRY
SCHOOL

For Waldorf/Steiner Education

Music Register

Instruments for Sale

Term 3 – 2024



Violin

1/2 size violin, it is an Enrico brand, with hard carry case, shoulder rest, bow, rosin (more like half a rosin) and new set of strings just replaced. Asking \$120.
0435-798714 Kaku

1/2 VIOLIN, SKYLARK (photos available). Good condition, with 2 bows, no shoulder rest or E string. Case shows wear, but violin is solid. \$150.

Luna 0433 337 161

1/2 size student Violin "Skylark" Chinese. 45 years old. Good condition. Comes with bow, shoulder rest, shoulder pad, rosin and good hard case. \$70.
Vasudha 0451 944 051.

3/4 "Prelude Stradivarius copy" Violin, Chinese handmade instrument. Comes with a hard case, bow & shoulder rest. The violin case has a crack, could be mended, sound very good as is. \$200.
Kelly 0414 391 039

Full size 4/4 "Prelude" Violin. Copy of Stradivarius. High quality, very good condition. Comes with bow & case. Valued at \$2500. Selling for \$1500. Aladdin Jones 0490 123 199 or Tessa Priest 0405 390 348.

Viola

12.5 inch VIOLA, CHAMBER STUDENT, MVI (photos available). Good condition with a few marks, 1 bow. Lockable case in excellent condition. \$250.
Luna 0433 337 161

13 inch VIOLA, CHAMBER STUDENT (photos available). Good condition with a few marks, 1 bow. Solid case showing some wear. \$150.
Luna 0433 337 161

Trumpet

TRUMPET, YAMAHA (photo available). Excellent condition- barely played in last 2 years! \$450.
Luna 0433 337 161

Cello

1/4 size cello "Chamber" Student Model MDC550 with bow and soft case in good condition. \$400 negotiable
Cat 0403 334 808

1/4 size cello. Salieri brand. Bought in 2018 through the LYSS music department. Excellent condition. Comes with bow and semi-hard case (case will require replacement). \$550 Call Monique 0401 353 698.

1/4 size Cello, Chamber Student Model – Plus, great condition, \$700. Nadine 0423 539 718.

1/4 size Sandner Dynasty Co. Cello and bow in good condition. Comes with a hard/soft case in poor condition (straps need replacing). \$400 ono. Contact Larry 0458 254 828.

1/2 size Cello Chamber 300 Brand and bow. Excellent condition. Hybrid hard case. \$1000.
Victoria 0411 016 299.

3/4 CELLO, SKYLARK (photos available). Decent condition with a few marks, 1 bow. Solid case with broken zip but clasps still close. \$400 neg.
Luna 0433 337 161

3/4 size 'Arco' Animato Strings Cello, very good condition. Comes with bow and hard foam case. Probably needs tuning. \$550. Contact Liz on 0401 054 881 or lizmynes3357@gmail.com.

4/4 full size Cello Enrico Student Plus II. This lovely cello is in excellent condition, being near new and having had limited use. Comes with bow and hard foam case. \$800
Liz 0401 054 881 or lizmynes3357@gmail.com.

Schumann Prodigy 4/4 Cello. Full size cello, bow, and hybrid case with wheels. A great instrument for cello students. It has an even sound with depth and resonance. Purchased new from Bows for Strings in February 2023. Original set up by Bows for Strings as well. Played consistently by a beginner adult during that time. Serviced at 3 months old. Very satisfying to play and hear. Price as new: \$1899. Sell for: \$1300 o.n.o.

Please note that music teachers are happy to assess if the instrument is the correct size for your child and advise if there are any repairs required prior to purchase. When discussing this with the seller please explain this may take a week as the teacher will need to fit time in for this around their busy schedule. If you require a valuation, it is best to take the instrument to a valuer for a valuation none of our staff are qualified to value. Please make sure that any instruments are clearly labelled with a contact phone number for collection



WARBURTON BIRRARUNG RIVERFEST

Saturday 14 Sept and Sunday 15 Sept

Presented by



Join Us for the Warburton Birrarung Riverfest!

Connecting the Community to Country, the Birrarung and each other.

Warburton is proud to be hosting a number of activities as part of the Birrarung Riverfest, a 3 week celebration hosted by the Yarra Riverkeeper Association.

The Yarra Riverkeeper Association invites you to “Celebrate the life force of our Yarra, Birrarung river at the 2024 Birrarung Riverfest. Book now for one of 30+ events being hosted over three incredible weeks. Whether you enjoy riverside walks, cleanups or paddling adventures, there’s something for everyone at Riverfest. Act now for a healthy, protected and loved Yarra, Birrarung. Burndap Birrarung burndap umarkoo: What’s good for the Yarra is good for all!”

<https://riverfest.com.au/>

Flow with the Birrarung through a range of activities including workshops, education, health and connection.

Experience 14 exciting activities over two days, connecting the Community to Country, the Birrarung, and each other. Highlights include:

- Welcome to Country and Smoking Ceremony
- Wurundjeri History
- Storytelling along the Birrarung with a Wurundjeri Elder
- Traditional Owner Cultural Activities and Games
- Walkshop with Maya Ward
- Eco-Inking with Annie Bolitho

We acknowledge the Wurundjeri Woi-Wurrung and Bunurong people as the traditional custodians of the Birrarung and its surrounding lands. We pay respect to their Elders, past and present and acknowledge their continued connection with the land and water they have cared for and protected for thousands of generations.

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Advertising rates and artwork specifications

- Small ad / 25 words – \$3
- Business card size: 92.5 x 65.5mm or 100 words – \$6
- Quarter page: 92.5 x 136mm – \$10
- Half page (Horizontal): 190 x 136mm – \$17
- Full page: 190 x 277mm – \$30
- Community Notices – Free of Charge
- All year by arrangement

All revenue raised from Sweet Porridge benefits the Parents Association of Little Yarra Steiner School.

Advertising payments can be made via EFT.

BSB 633 000 A/C 14 284 4166 LYSS P & F

Please email all content to sweetporridge@lyss.vic.edu.au

Luku Ngarra: The Law of the Land



Winner of the Change Award at Adelaide Film Festival and the Human Rights Awards at Montreal Independent Film Festival, *Luku Ngarra: The Law of the Land* is the extraordinary story of one Yolŋu elder's 45 year journey fighting for the political and spiritual freedom of his people.

Unflinching in his delivery and integrity, yet soft in his humanity – Rev, Dr. Gondarra has a confronting and urgent message for Australians, and the world, as he questions the long-standing paradigm that controls us all.

Rev. Dr. Gondarra OAM is an initiated clan leader within the Yolŋu Nation who has spent the most part of his 79 years of life as a civil rights activist, a spiritual leader, a cross-cultural mediator, an educator and one of few elders who has dedicated his life to upholding the traditional law of his people.

Filmed over 5 years in Northeast Arnhem Land and as a result of a 16 year friendship, *Luku Ngarra - The Law of the Land* is a confronting and intimate journey into the world of the Yolŋu First Nations of Australia.

At its centre is a remarkable man, the late Rev Dr Gondarra OAM, who was a tireless beacon for freedom and justice for Indigenous Australians for the last 50 years, as well as a highly respected clan leader, traditional lawman, spiritual leader and civil rights activist.

The film will deeply challenge audiences' understanding of the Yolŋu world, the crisis currently facing remote Indigenous communities today, and offer a better way forward that upholds the dignity, respect and sovereignty of the oldest living culture in the world.

It offers viewers a fascinating exploration of their customary law and how it has kept Yolŋu people in balance with the environment and with each other for tens of thousands of years. Following true

to Dr Gondarra's well known straight talk, he and many other Yolŋu present how their law has been completely at odds with the dominant mainstream paradigm which has in effect created chaos to their lives and the environment.

By opening big questions that require a humanitarian response, audiences will be compelled to question their own world and the views and structures that come with it.

The film is a timely vehicle of wisdom from one of Australia's most respected Indigenous Elders, that addresses the challenges of our times with soul and compassion.

Its' director, Sinem Saban has been closely interwoven with the Yolŋu of Northeast Arnhem Land for more than 20 years, and directed the award-winning and groundbreaking documentary on Indigenous rights - *Our Generation* (2010).

'The wisdom and reverence of this incredible man and his people will deeply affect you for the rest of your life, as they have mine.'

- Director, Sinem Saban

Please note: This film is suitable for adults only.

**Showing at The Memo, Healesville,
235 Maroondah Hwy, Healesville 3777**

- Tuesday, 10 September | 07:00 PM - 08:33 PM
- Wednesday, 11 September | 04:00 PM - 05:33 PM

Deepening our understanding of Australia's past, present and future

Last Friday a group of staff gathered at Warburton cinema to learn the story of the late Rev. Dr. Gondarra OAM, an initiated clan leader within the Yolŋu Nation who spent the most part of his life as a civil rights activist, a spiritual leader, a cross-cultural mediator, an educator and elder who dedicated his life to upholding the traditional law of his people. Wisdom that will be carried on by his daughter and family and shared here with the world. The film screens in Healesville this week.



YARRA VALLEY

ecoss Presents:

Rhythms of The World



BRINGING THE WORLD TO THE VALLEY
MUSIC ~ FOOD ~ ART



SAT. 19TH OCTOBER

Brushy's
PLAY SPACE
PRESENTS

STORYTIME with Kelly

Monday 12th August
Monday 9th September
Monday 14th October
Monday 11th November
Monday 9th December

11:00am-11:30am

BOOKINGS ESSENTIAL
59662320 or
katebarratt@adra.org.au

Storytime with Kelly

2nd Monday of the Month
Brushy's, Redwood Centre, Warburton

Join Kelly for storytime every 2nd Monday of the month at Brushy's Placespace!

Brushy's Place Space is open Monday 10am-2pm, Tuesday 12:30pm-2pm, and Thursday 10am-2pm.

Brushy's Play Space is a welcoming community area for kids and parents to connect. Bring snacks and relax while the kids enjoy dress-ups and the cubby house. Enjoy a much-needed cuppa and chat!

Recipes

Cauliflower Tacos

Ingredients

Tacos

- 1 medium head cauliflower 4-6 cups
- 3 Tablespoons avocado oil or olive oil
- 8 corn tortillas

Taco Seasoning

- 1 Tablespoon chili powder
- 1 ½ teaspoons ground cumin
- ¼ teaspoon garlic powder
- ¼ teaspoon onion powder
- ¼ teaspoon crushed red pepper flakes
- ¼ teaspoon dried oregano
- ½ teaspoon paprika
- 1 teaspoon sea salt
- 1 teaspoon black pepper

Avocado Crema

- 1 large avocado
- ¼ cup Greek yogurt
- 3 Tablespoons fresh cilantro
- 3 Tablespoons fresh lime juice
- ½ teaspoon salt
- 2 Tablespoons of water

Toppings

- 1 cup shredded red cabbage
- 1 cup Pico de gallo
- ½ cup cilantro chopped
- Additional toppings: hot sauce jalapenos, etc

Instructions

- Preheat oven to 400°F. Line a large rimmed baking sheet with parchment paper.
- Wash and chop cauliflower into 1-inch florets. Try to make all the florets about the same size so that they cook evenly.
- Make taco seasoning by combining all the spices in a small bowl.
- Add cauliflower to a bowl and toss with oil and taco seasoning.
- Add cauliflower to prepared baking sheet and bake for 25 minutes, flipping around the 12 minute mark.
- While cauliflower is baking, make avocado crema by combining avocado, yogurt, cilantro, lime juice, salt and water in a blender or food processor and blend until smooth and combined.
- Once cauliflower is done, prep tacos by adding a portion of cauliflower into each tortilla. Top with avocado crema, shredded red cabbage, pico de gallo, cilantro and additional toppings as desired.



Source: eatingbirdfood.com

Coconut and Lemon Truffles

Ingredients

- 1 ½ cups dessicated coconut
- 1 large lemon, zested and juiced
- ¼ cup agave syrup
- 1 ½ cups raw cashews
- ¼ cup coconut flour
- 1 tbsp coconut oil

Instructions

Place ½ cup of the coconut, 1 ½ tablespoons lemon zest, two tablespoons lemon juice, agave, cashews, flour and coconut oil in a food processor and process into a smooth dough.

Form dessertspoon amounts of mixture into balls

Place the remaining coconut in a shallow dish and roll the balls in it to coat.

Place the balls on a flat tray and chill in the refrigerator for at least one hour before serving.



Beans and Bananas

Fruit and Vegetable Co-op

Beans and Bananas is a local organic/ bio-dynamic fruit and vegetable co-op, providing members with an abundant box of mixed organic/ bio-dynamic fruit and vegetables at reduced prices due to our relationships with local suppliers.

Full or half boxes are packed and available fortnightly.

A full box costs around \$80 each fortnight depending on supply and market costs. There are also wonderful opportunities to be involved with the running of the co-op to reduce your box cost as an active member.

The pick-up for boxes is at ECOSS, Old Warburton Rd in Wesburn after 3pm on a Friday.

Boxes are out for collection with no fixed pick-up time to allow for different schedules on the day.



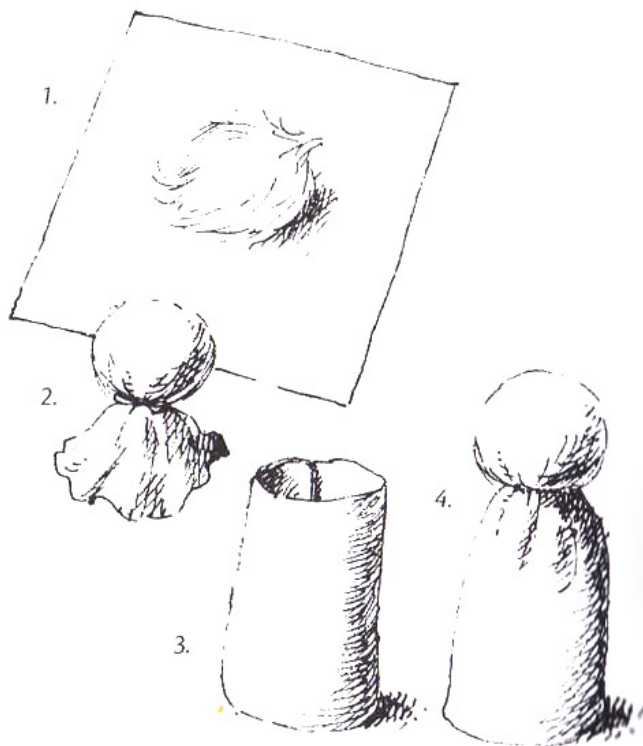
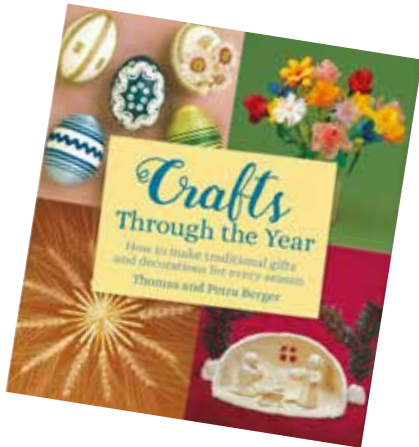
You are welcome to start with a trial of three boxes (three fortnights) at an active member price before deciding to join!

For further information or to arrange a trial contact beansveggiebox@gmail.com

Illustration and Graphic Design: Nightingale Graphics 0450 034923

Craft: Felt flower children

From:
**Crafts Through
the Year**
by Thomas and
Petra Berger



Materials

- ★ White or pink cotton knit
- ★ Unspun sheep's wool
- ★ Coloured magic wool
- ★ Pieces of felt in various colours

1. For the head take a piece of cotton knit 8 × 8 cm (3 × 3 in). Make a little ball of unspun wool, about 2 cm (3/4 in) in diameter, and place it in the centre of the piece of cotton.

2. Fold the cotton round the ball of wool and tie it at the neck.

3. For the body of the flower children you need a tube of felt. Take a rectangle of felt and sew two sides together. The length and width of the body is different for each kind of flower child (Figures 1.5–1.8).

4. Gather in one of the open ends to make the neck. Stuff the loose material of the head into the gathered end of the tube, and sew the neck and tube-body together.

The doll will now stand as it is, but you can fill the tube with unspun wool and sew a round piece of felt the same colour as the tube to the bottom.

This completes the basic form of all the flower children. Now follow the details according to the kind of flower.



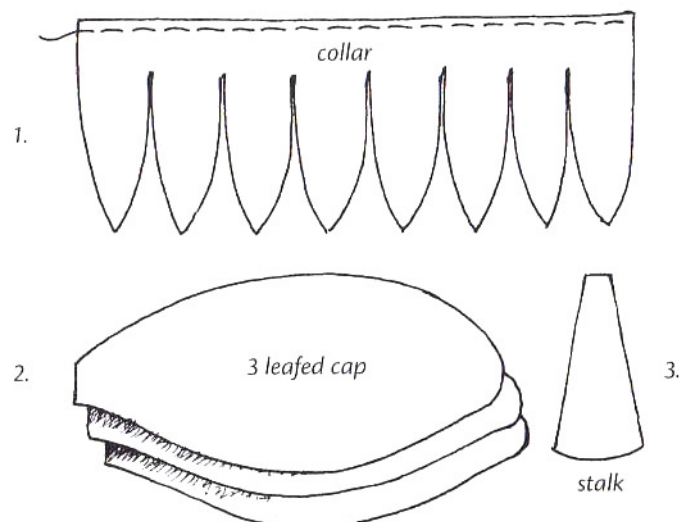
Snowdrop

The snowdrop's body is 6 cm (2 1/4 in) high and 7 cm (2 3/4 in) wide. Follow the instructions on page 10.

1. Cut out the light green collar (Figure 1.6), gather it where shown and sew it on to the body.

2. The snowdrop's cap consists of three separate white petals. Sew the tops of the petals on to a little stalk of light green felt (step 3).

Give the flower child some hair using white magic wool or unspun sheep's wool before sewing on the cap with a few stitches.



DOLL MAKING WORKSHOP

MAKE A FULLY LIMBED DOLL IN A TWO DAY WORKSHOP

Details: Indulge in a delightful two-day doll-making workshop, surrounded by like-minded individuals, and guided by a skilled dollmaker, as you craft a fully limbed doll that is uniquely personalised to your preferences.

Date: Sunday 6th October & Sunday 13th October 2024

Time: 9am - 5pm

Location: Warranwood, Purely Felt Craft Studio

Cost: \$350 price includes all materials and instructions required to come away with a complete doll, also includes morning and afternoon tea, a light lunch as well as tea & coffee on both days.

Please note numbers for this workshop are limited. Sewing experience is not necessary.

Email info@forlittlehands.com for further details and for booking your spot.



Mother Earth and the Thaw Fairies - A Sweet 'End of Winter' Tale

From Juniper Tree Puppets

There was once a winter that was very frosty and white. Snow lay over the land like a soft and pure blanket. It made people quiet and kind. Mother Earth smiled as she walked with King Winter and said, 'dear King Winter, you have brought peace to the kingdom this season. The people are content.'

King Winter bowed deeply and said, 'thank you Mother Earth, for you are the wise caretaker of all of the seasons.'

But as time went on, winter lingered too long. The snowdrops had come and gone blooming deep under the snow. Now the spring bulbs were calling, 'Mother Earth, Mother Earth, it is time for our birth. The snow is so deep shall we stay asleep?'

Mother Earth looked out over the white snowy winter world and said, 'I know just what has to be done. I will call on Father Sun!'

'Father Sun, Father Sun, I need your help. Shoo the winter snow away, bring to Earth a warm Spring day!'

Father Sun heard the call of Mother Earth and looked down at the earth and saw that she was right. It was past time for spring! He called to his Thaw Fairies and sang to them.

'Fairy helpers hear my song,
Winter snow has stayed too long,
Sweep away the cold and white,
Welcome Spring and warm sunlight.'

The thaw fairies flew to the earth where Mother Earth was waiting for them. With their great sun warmth, the Thaw Fairies started to melt the snow, and Mother Earth swept the winter waters into the rivers, streams, and deep roots of bulbs and trees.

Like magic, green grass started to grow, strong green bulbs grew upwards, and birds started to build their nests. The happy spring bulbs sang out.

'Joy and thanks our Mother dear,
We grow and grow for Spring is here!'

When the Thaw Fairies had melted all the ice and snow, Mother Earth made some mint tea and muffins for them and together they sat and ate their snack watching spring unfold. 'Thank you for your work dear fairies, your work is done and the world rejoices,' Mother Earth spoke kindly to the Thaw Fairies. It is time for you to go home, Father Sun may need you for other work.

The little fairies hugged the dear Mother Earth, and flew cheerfully out the door, admiring Spring as they went home.

Mother Earth stood at her window watching them go, humming a little tune.

'Goodbye Winter Good bye, until next year,
For now Spring brings us all great cheer.'





BLOSSOM FESTIVAL

Each spring, CherryHill Orchards welcomes guests to witness their stunning cherry blossoms in bloom.

Kids go free Monday to Wednesday.

Or, enjoy the festival atmosphere Thursday to Sunday with workshops, a free kids' hub, food trucks, market stalls, and more!

14 September - 6th October 2024.

Book via cherryhill.com.au
739 Maroondah Hwy, Coldstream.

CherryHill
ORCHARDS



We have some great markets to enjoy in the Upper Yarra. Pop on down, support locals and connect with your community. Please check market websites for updates as market schedules may change due to weather.

ECOSS Valley Market

Every Friday 3.30-6pm.

711 Old Warburton Rd, Wesburn

FREE Family Fun on the 3rd Friday of the month with free kids activities.

Purchase fresh local produce direct from the farmer, by locally made wine and chocolate and grab a delicious traditional Mexican Taco for dinner!

Millgrove Community Market

Third Saturday and Fifth Sunday of every month

7am – 3pm

Memorial Park Reserve near CFA, Millgrove

Millgrove Market has over 30 stalls featuring arts, crafts, clothes, plants, bric a brac, hardware, toiletries, toys and fruit and veg.

Upper Yarra Community Market

2nd and 4th Sunday

8.30am-2pm

Yarra Junction Football Oval, Warburton Hwy, Yarra Junction

Discover a diverse selection of products such as fresh produce, nuts, dried berries, plants, handmade crafts, cozy knits, greeting cards, and unique gifts. Additionally, you can explore the market's "trash and treasure" section, brimming with second-hand treasures like books, clothing, tools, toys, and kitchenware.

The Valley Market Warburton

First Sunday of the month

11am-3pm

Thomas Avenue, Warburton

You will find a huge range of handcrafted goods here designed and made by locals. There are also food items here including locally grown fruit and vegetables, fresh free-range eggs, jams, preserves, chutneys, plants and flowers.

Powelly Market Day

Third Sunday

9am-2pm

Powelltown Hall, 4 Blake St Powelltown

Join us for a fun-filled day at Powelly Market! Enjoy a variety of stalls, sausage sizzle, cake stall, and raffle. Powelly Market Day is a day for a lovely drive to a great little destination. A really special small town feel.... time to wind down, enjoy a wander and breathe in our bush air.

Seville Community Market

First Sunday

10am-2pm

Seville Community Hall, 590 Warburton Highway, Seville

Relaxed market, food and drinks for sale. Come support local stall holders with awesome stuff for sale.



Powelly Market Day

4 Blake Street, Powelltown

Sunday October 6th

9am - 2pm

Trash
n
Treasure

Specials
Galore!

CAKE STALL

SAUSAGE SIZZLE

RAFFLE

STALL HOLDERS \$15 / Day

Tables in the hall available.
Be quick to secure the best spots

Ph: 0458 432 301

powelly.hall@gmail.com





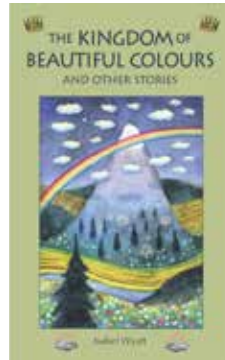
Pippa and Pelle in the Spring Garden.

It's spring and Pippa and Pelle are getting their garden

ready for the new year. They dig the earth and plant some little seeds.

In the spring sunshine the seeds soon begin to grow, bringing friendly ladybirds, caterpillars and butterflies to the garden. What delicious treats will Pippa and Pelle have to eat when everything is ready for harvest?

Daniela Drescher's unique illustration style will capture any child's imagination. This magical board book is full of seasonal details and is the perfect size for little hands.



The Kingdom of Beautiful Colours is just one of seven wonderful tales in this collection by master storyteller Isabel Wyatt. The stories are full of ivory towers, great forests, golden lands and the star of the sea, which will inspire and enchant any child.

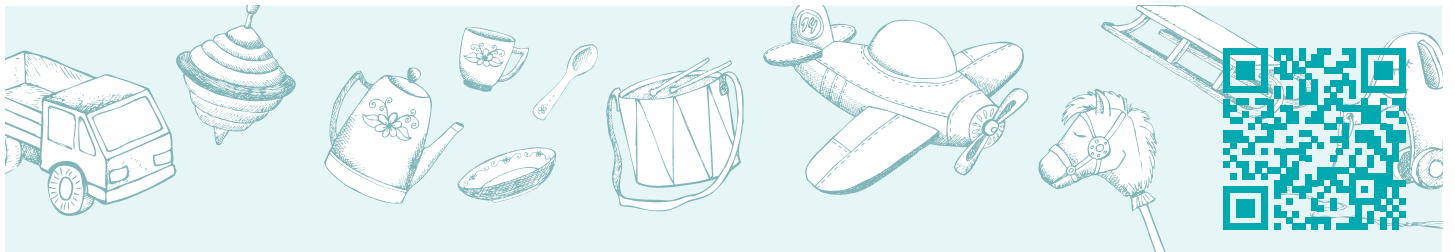
Suitable for children aged nine and up, this is a classic collection from the author of *The Seven-Year-Old Wonder Book*.



Spring and Summer Activities Come Rain or Shine

This practical and brightly illustrated book is packed with indoor and outdoor crafts and activities, plus fun facts, to entertain and engage curious children during the spring and summer months.

All the activities encourage an exploration of nature, from streams and moss, to butterflies and dandelions. Children will love finding out about the natural world through play and creation.

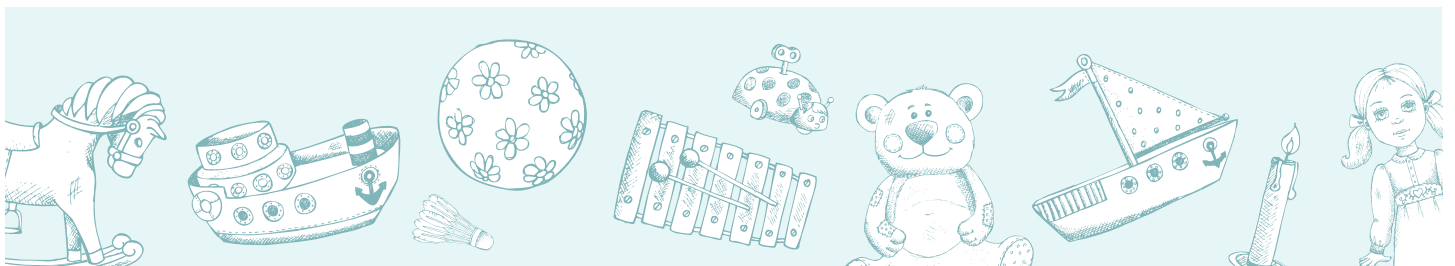


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• YARRA VALLEY BASED • FAMILY-RUN BUSINESS •

• Toys, Clothing and Gifts • Craft Supplies • Books •



• SHOP ONLINE • LOCAL PICK UP AVAILABLE •

TUNES & TRIVIA

with local band

"The 7:30 Thursdays"

SATURDAY 5TH OCTOBER

Doors open from 6:30pm

St Joseph's School

40 Milners Rd, Yarra Junction VIC 3797

PRESENTED BY

WESBURN & DISTRICT DOG OBEDIENCE CLUB

Everyone is welcome to join us for a fun night of dancing with trivia to support our local dog club (18+ Event)

Tickets \$20

Use QR Code to book tickets online or contact Jill on 0410 640 435



- *Trivia
- *Live Music
- *Raffles
- *Prizes
- *BYO food and drinks
- *Bring gold coins for bonus games

WADDOC is a not-for-profit local dog obedience club run by volunteers.

Money raised from this night will go towards ongoing upskilling of club instructors

Strictly no stilettos



Gardening

September in the veggie patch

- There's a bit happening in the veggie patch so you could try leeks, onions, parsley, parsnips, cauliflower, peas, radish, silverbeet, lettuce, swedes and turnips. Don't you just love the start of spring?
- Don't get over excited... it's too early for tomatoes just yet!
- In the herb patch pop in some chamomile, dill, coriander, echinacea, catnip and thyme. Also try lemon balm but keep it in a pot, as it has a tendency to take over! Plant these after the frost risk has passed.
- Green manure crops like faba beans, barley, lupin, wheat or field peas are good to go now... improve that dormant veggie patch!

Improve Your Soil

- Prepare your Yummy Yard for spring planting by improving your soil. Lightly dig over the soil popping in plenty of organic matter including top-notch compost and well rotted manure. Don't forget to mulch the beds with a straw mulch. This bed will be awesome come planting time... and you will have the greatest Yummy Yard in the street!

Try some colour

- Why not try some lovely colour in your patch as well like nasturtium, snapdragons, phlox, petunias, marigolds (French) and celosia. They are great at attracting pollinators and beneficial insects to your patch, and they look fantastic as well. Now

is the time to plant some sunflower seeds. Find a sunny spot where you would like to see some happy sunflowers later in the year and plant the seeds to double the depth of the seed. Cover lightly with dirt and wait... they'll be popping their heads up in no time!

Mulch Now!

- Top up mulch on your veggie patches, herb gardens and ornamental beds. Choose a sustainable, low environmental impact mulch, one that will enrich your soil as it breaks down.

Look after your tools

- On really cold days, why not head out to the shed and sharpen, clean, oil and maintain your garden tools. Sounds tedious, but it's really rewarding, and will save you cash and plant illness in the long run.

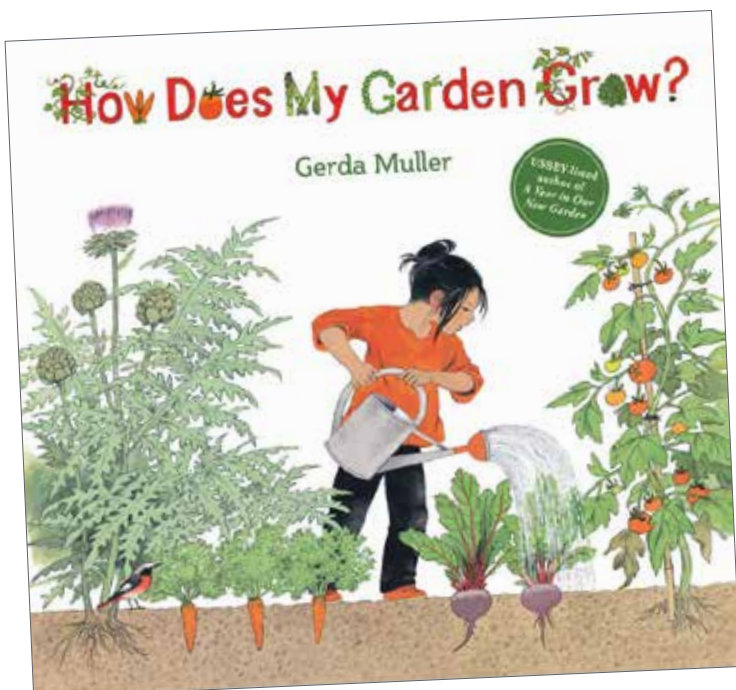
Indoor Plants

- Now is a great time to re-pot your Indoor Plants. Give them a bit of a feed with a seaweed tonic afterwards to keep them happy.

Source: September gardening tips, Sustainable Gardening Australia (sgaonline.org.au)



Image by vvector on Freepik

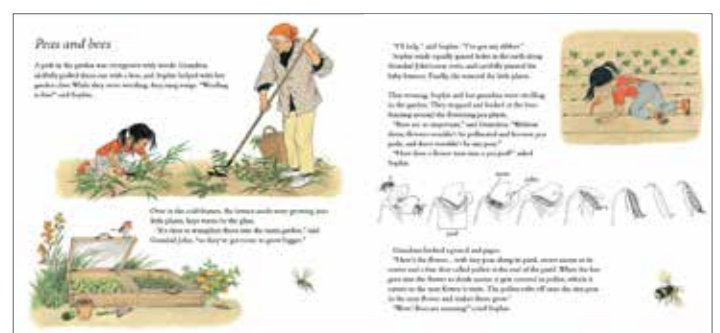


How Does My Garden Grow? By Gerda Muller

This is a wonderful book for children to learn about allotment or vegetable gardening through Sophie's eager and questioning eyes.

Gerda Muller's characterful illustrations accurately depict the garden and its plants through spring, summer, autumn and winter.

Available at HugsforKids.com.au



YARRA VALLEY

ecoss Presents:

Gardening with Biochar Workshop

FREE

5-6PM FRI. 6TH SEPTEMBER

10.30-11.30AM ~ SAT. 26TH OCTOBER



Biochar



What is Biochar?

Biochar is an incredibly porous, carbon-rich material made from burning waste biomass (woody material) in a low-oxygen process called pyrolysis.

It's like a charcoal sponge for water and nutrients.

The porous surface of biochar creates a home for soil microbes as well as absorbing and retaining nutrients that may otherwise be lost through leaching.

Biochar has a long history of use in indigenous farming throughout West Africa and the Amazon.



Volunteers needed for the Sustainable Environment Advisory Committee

Join SEAC

Expressions of interest are now open for Yarra Ranges Council's 2025-2029 Sustainable Environment Advisory Committee

Yarra Ranges Council is seeking volunteer community representatives to be part of a Sustainable Environment Advisory Committee. The committee will contribute informed and constructive advice on a wide range of sustainability and environmental issues.

Healthy food as human right - short film on 100 years of biodynamic farming



Goetheanum, Dornach, Switzerland

Farming nurtures human beings. As the world population is growing, the number of people working in agriculture is going down. Biodynamic farming has been trying for a hundred years to offer meaningful and attractive work contexts and to develop solutions for the challenges of our time.

For Anthoni Selvi, a farmer and trainer in biodynamics in India, it is clear that “eating healthy food is a human right.” But what about people who are working in agriculture? They are often forgotten, although fewer and fewer people are working on producing food for an ever-growing population because the number of the former has dropped.

Helmy Abouleish of Sekem in Egypt points out that farmers can no longer live from their work and are dependent on subsidies. Ueli Hurter, co-leader of the Section for Agriculture at the Goetheanum, speaks of “agriculture’s loss of dignity” and says that the purpose and deeper meaning of farming have been lost.

[Film 100 Years Biodynamic Web - See film here](#)

Tiddalik the Frog: The Flood Maker

Dreamtime Kullilla-Art

Long ago in the Dreamtime, Tiddalik, the largest frog ever known, awoke one morning with a huge thirst. He started to drink and drank until there was no fresh water left in the world. Soon creatures everywhere were dying and trees were wilting because of the lack of moisture.

All the animals pondered about their terrible plight until a wise old wombat suggested that if Tiddalik could be made to laugh then maybe all the water would flow out of his mouth. This was a good idea the animals agreed.

The animals gathered by Tiddalik’s resting place and tried for a long time to make him laugh, but it was in vain. The kookaburra told his funniest story, the kangaroo jumped over the emu and the lizard waddled up and down on two legs making his stomach stick out but Tiddalik was not amused.



Then when the animals were in despair, Nabunum the eel who was driven from his favourite creek by the drought slid up to the unresponsive frog and began to dance. As the dance got faster Nabunum wriggled and twisted himself into all sorts of knots and shapes to the amusement of Tiddalik. Tiddalik’s eyes lit up and burst out laughing. As he laughed the water gushed out from his mouth and flowed away to replenish the lakes, swamps and rivers again.

The Little Plant by Kate L. Brown

In the heart of a seed,
Buried deep, so deep,
A dear little plant
Lay fast asleep!

“Wake!” said the sunshine,
“And creep to the light!”
“Wake!” said the voice
Of the raindrop bright.

The little plant heard
And it rose to see
What the wonderful
Outside world might be.

YARRA VALLEY

ecOSS Presents:

TREE PLANTING MORNING

COME AND HELP TO PLANT NATIVE
TREES FOR WILDLIFE HABITAT

DATE: SUNDAY 6TH OCTOBER

TIME: 10AM-12PM

LOCATION: YARRA VALLEY ECOSS
711 OLD WARBURTON RD, WESBURN



Regular Community Events



Koha Cafe

Warburton Community Space

Koha Community Cafe, Warburton offers many opportunities for people to connect, give and receive!

Join our amazing team of volunteers shaping a vibrant community! Whether you're a chef, green thumb, or have unique talents, we'd love your help! Flexible hours available for food prep, cleaning, gardening, and more. Contact us at contactkohacomunitycafe@gmail.com or drop by for details.

Open Pantry

Mondays 10am-4pm

We are pleased to announce we will be road testing an OPEN PANTRY on Mondays. Food items and produce and maybe some pantry items will be available. Drop in if you need to access food.

Koha Cafe Community Dinner

Thursdays 6pm

Koha Community Cafe is a volunteer run cafe. Based on the Lentil As Anything concept. Dinner starts at 6pm, donations not required but they are what helps us stay open to serve you. Other goodies will also be available in our free pantry. Hope to see you then!

Create @ Space

Fridays 10am-4pm

We are open Fridays, come for a cuppa and a chat., choose a book from our library and meet other locals.

Hall/Room For Hire

Koha has spaces to hire from \$10 per hour. Spaces include small rooms, commercial kitchen and for big events the whole venue. Contact Koha for more details.

Koha Cafe, 25A Dammans Road, Warburton.
0403 185 580, contactkohacomunitycafe@gmail.com



ADRA Redwood Community Centre

Discover the warmth of Redwood Community Centre! We're here for mental health, housing, food, family support, and connections. Come visit our caring space and let's grow together!

Brushy's Play Space

Monday 10am-2pm, Tuesday 12:30pm-2pm, Thursday 10am--2pm

Brushy's Play Space is an open community space where you can bring your kids and meet other parents in a relaxing family friendly environment. Bring some snacks and while the kids enjoy the dress ups and cubby house enjoy a much needed cuppa and chat.

The room is also available for bookings for community activities such as play groups or for private functions such as birthday parties

Community Lunch

First Monday of the Month, 11am-1pm

Join us for a free community lunch on the first Monday of each month. Grab some good tucker, take a seat or share a meal and chat with some of the friendliest folk you will ever meet.

Chewsday Bite program

Tuesday 11:30am-12:30pm

Each week our Chewsday Bite program provides food relief for local families and individuals. Register on Monday between 10am and 2pm 59662320.

Scrapbooking

2nd & 4th Wednesday 2pm-4pm

Scrapbooking Fun! Join us and come get crafty with our friendly group over a cuppa. Relax and create beautiful memories together!

CO-WORKING HUB ^{AT}

ecoss

MONDAYS TO FRIDAYS, 8AM - 6PM

ACCESS TO 3 ROOMS, FAST WIFI, PRINTER,
AND SOCIALISING WITH FAB FOLKS!

\$10 / \$15 PER DAY

711 OLD WARBURTON ROAD, WESBURN

PLEASE EMAIL

**ECOSS_COWORKING@OUTLOOK.COM
TO ORGANISE YOUR FIRST FREE VISIT.**

Exercise Classes

Beginner Pilates, Thursday 9am

We understand that exercise and group activities can be daunting for many. These classes are specifically designed to ease you into movement through low-impact exercises in a friendly environment. For more information and bookings call Rhiannon on 0400 324 207.

Community Dinner

Fridays 6pm

Join us for a wholesome meal and great company at Friday Night Dinner! Enjoy delicious food and wonderful conversations.

Sunday Circle, Mend, Make, Bake

3rd Sunday, 10am-2pm

Come join us every 3rd Sunday of the month for a cozy gathering! Let's share stories over a cup of tea and indulge in some crafting, cooking, and camaraderie. And bring a little something to eat and share!

ADRA Redwood Community Centre

Monday, Tuesday, Thursday 10am-2:30pm

3505 Warburton Hwy, Warburton

(03) 5966 2320, katebarratt@adra.org.au

Edible Warburton Community Gardens

Every Thursday Morning, 9:30am-11:30am

Edible Garden Buddies

Connect with like-minded folks each week in the heart of Warburton as we garden and practise permaculture skills. Learn, share wisdom, and get hands-on with the earth. Meet new friends, pick up new skills, and enjoy some laughs with us in our beautiful community garden!



Op Shops in the Upper Yarra

The Upper Yarra has plenty on offer at your local Op Shops!

AdCare Op Shop,

3490 Warburton Hwy, Warburton

Tuesday and Wednesday from 9am to 3pm

Benwerren Boutique

2455 B380 Warburton Highway, Yarra Junction

Monday- Friday 9am-4pm, Saturday 10am-2pm

Vinnies Warburton

3381 Warburton Hwy, Warburton

Monday - Sunday 10am-4pm

Yarra Ranges Recycling Services

689 Old Warburton Rd, Wesburn

Wesburn: 9am – 3:30pm Mon/Fri/Sat,

9:30am – 3:30pm Sun & PH

Cnr Ingram Rd & Leonard Rd, Coldstream

Coldstream: 10am – 3pm Thurs through Mon
(Closed Tues and Wed)

First Impressions Clothing Exchange (FICE),

Yarra Junction Community Hub

2463 Warburton Hwy, Yarra Junction 3797

Monday – Friday, 9am – 5pm

Community Opp Shop

Tuesday - Friday 9am-3:30pm, Saturday 10am-2pm

2455 B380 Warburton Highway, Yarra Junction

Golden Opportunity Shop

362 Warburton Highway Wandin North

Monday to Friday 10am- 4pm, Saturday 10am-1pm

Council have been working with community to develop the **Draft Yarra Junction Place Plan**

The draft Yarra Junction Place Plan provides:

- A future vision to guide decision making
- Clarity on what community values
- An action plan based of community priorities

The Place Plan will influence future developments, projects and investment in Yarra Junction.

To review the Draft Place Plan and have your say, please scan the QR code or visit:

<https://shaping.yarraranges.vic.gov.au/your-community-yarra-junction>



Contact: Design & Place

Email: mail@yarraranges.vic.gov.au

Phone: 1300 368 333



Get Active Yarra Ranges

Your guide to free and low cost
active recreation opportunities
Term 3, 2024

Where to find:
walking groups,
popular trails, public
art, gardens, gym,
neighbourhood house
activities, green spaces
and more!

Eastern Health

Professionals
Yarra Valley



LIVE LOCAL, LOVE LOCAL

YOUR LOCAL PROPERTY EXPERTS

Phone our team on
5967 1800 for your
FREE market appraisal
or pop into our office!

Events Calendar

SEPTEMBER

Yarra Valley Spoken Word

Friday September 13th

Join Us for Yarra Valley Spoken Word at Valley Youth Fest!

Yarra Valley Spoken Word is teaming up with Valley Youth Fest for an empowering music festival and seminar on Body Image & Eating Disorders Awareness. Don't miss our featured youth poet, Neesha Shimmen, and a chance for all young poets to share their voices in The Dome. Let's celebrate and raise awareness together!

OCTOBER

River Folk Festival

October 4th-6th

The River Folk Festival is Back!

Join us for an amazing weekend of music across Warburton, featuring international, national, regional, and local artists. Now in its 5th year, the festival offers a vibrant celebration of culture and creativity with performances at various venues, including an Opening Night Showcase Concert at The Arts Centre.

Don't miss the Sisters of Song Women's Showcase, the Valley Market with local artisan goods, and a dedicated Children's Space.

Thanks to Yarra Ranges Council, Community Bank Warburton and Yarra Junction, and our local business sponsors for making it possible!

Tree Planting Morning

Sunday 6th October

Join us in creating wildlife habitats by planting native trees. It's a fantastic way to support local flora and fauna while connecting with the community. All ages welcome! Let's green up our area together and make a difference for our wildlife.

To find out more or book email eartheducation@ecoss.org.au or call Kylie on 0400114274.

BioChar Facility Tour Lysterfield

Wednesday 16th October

Discover how biochar is made and its amazing benefits for climate and soil health. Join us for a tour of the facility and learn how this eco-friendly solution can make a big difference. Don't miss this chance to see sustainability in action!

Rhythms of the World

Saturday 19th October, From 11am

ECOSS

Experience Rhythms of The World in The Valley! Immerse yourself in a vibrant day of multicultural arts! Enjoy music and dance workshops, be entertained by diverse performances, and indulge in a global culinary feast. Celebrate and explore the rich cultures that make our community special!

Teddy Bears Picnic

Tuesday 22 October, 9:30 AM - 11:30 AM

Yarra Junction Recreation Reserve

Join Us for the Circle Early Learning Teddy Bears Picnic!

Bring your teddy bear and enjoy a morning of music, dance, storytime, and sensory play. Watch your child make new friends and explore a range of activities designed to stimulate young minds. Discover local programs and services in this fun, engaging event!

Gardening with biochar Workshop

Saturday 26th October, 10.30am - 11.30am

ECOSS

Discover the secrets of gardening and composting with biochar. Learn how to boost soil fertility and plant vitality in this hands-on workshop. Perfect for green thumbs of all levels—come grow your skills and garden knowledge with us!

Workshops will cover:

- The benefits of gardening with biochar
- How to charge up your biochar ready to use in your garden
- Incorporating biochar in your compost system

To find out more or book email eartheducation@ecoss.org.au or call Kylie on 0400114274.

The Powelly Dance

Saturday October 26th, 6:30pm

Powelltown Hall, Blake Steet Powelltown

Join us for our inaugural Powelly Dance Night on Saturday, 26 October! Enjoy a family-friendly evening with special guests, 'The Fakest News,' a 70's & 80's cover band. Doors open at 6:30 PM, and the band starts at 7:00 PM.

Entry is \$10, and kids come free! Bring your own drinks and nibbles, and don't forget your dancing shoes and sense of fun!

For booking call Tracey on 0458 432 301.

FAMILY FRIENDLY EVENT

THE POWELLY DANCE

NEW DATE!

Saturday 26th October

THE FAKEST NEWS

70'S 80'S COVER BAND

Doors open 6:30pm Band
Starts at 7pm

\$10 Entry - accompanying children free
Powelly Hall - Blake Street, Powelltown

BYO Drinks & Nibbles

ENERGETIC HEALING AND MASSAGE



TIMELINE CLEARING
ANCESTRAL CONNECTION
CLEARING CONTRACTS TARGETING PHYSICAL AND EMOTIONAL
PAIN IN THE BODY

0423304215
SIMONE MICHELLE TOUSSAINT
@SHININGLIGHTMEDICINEWOMAN@GMAIL.COM
I AM MOBILE - OR IN HEALESVILLE



SHINING LIGHT
MEDICINE WOMAN
ENERGETIC HEALER
MASSAGE

0423304215
SIMONE MICHELLE TOUSSAINT



Yarra Valley Open Studios

Saturday 12 & 13 October 2024 (Yarra Valley)
 Saturday 26 & 27 October (Upper Yarra)

Artists and creatives across the Yarra Valley and Upper Yarra are opening their studios to

the general public. Connect with the artists and browse their work as you explore their inner sanctum. Entry to the studios is free for those who commute themselves. Or you can join an artist guided mini bus tour with other art lovers and let us do the driving.



2024 Arts and Cultural Program now available

We're proud to announce the launch of this year's events, performances, exhibitions and more. Celebrate diversity, creativity, and our vibrant community spirit with Culture Tracks in 2024!

Printed brochures will be available at one of our cultural venues and Yarra Ranges Community Links. You'll also find them at selected libraries, cafes and other venues throughout the region.



TRANSITION

Art Centre Warburton

Friday 2 August– Sunday 29th September

“Transition” is an exhibition of abstract artworks by mixed media artist Yasmine Joy Fauzee. It explores the concept of transition through vibrant colour adjustments and repetition, inspired by plants, terrain, and the mindscape. Dive into this captivating visual journey and experience the transformative power of art.

Early Childhood

Sensory Integration / Class 1 Readiness /
Bush Kindy & Festivals



In Term 4, we have a few highly regarded teachers presenting to you insights of important aspects of Early Childhood.

Sensory Integration - by Gordon Woolard (high school Maths & Physics teacher turn Kindy & Extra Lesson teacher);

Class 1 Readiness - by Terri McMillan, long time Steiner class teacher, our current part time Class 1-4 teacher; and

Bush Kindy & Festivals - by Brioni Pridham, highly experienced EC teacher

<https://teachsteiner.org/EarlyChildhood>

MELBOURNE
RUDOLF
STEINER
SEMINAR



50 years of teacher training & adult education

The Art of Communication

Communicate and Relate Professionally and Handle Conflict



In the split second exchange of communication, at least two parties are involved: ourselves and others. To become better communicators, we must learn to understand both.

True improvement in communication requires personal inner development, deep observational skills, active engagement of creative thinking, and regular, conscious practice.

In this Term 4 Art of Communication online course, we will address the above, giving you insights and techniques to enhance your communication in everyday life and work.

<https://teachsteiner.org/ArtofCommunication>

(03) 9876-5199

<https://teachsteiner.org>

37A Wellington Park Drive, Warranwood

YARRA VALLEY SPOKEN WORD

Neesha Shimmen & other young wordsmiths empowering body & mind...



Partnering with ECOSS this month for Valley Youth Fest -
Free live music, talks & info stalls nearby. Food too.

Friday September 13th
6 - 9 pm
The Dreaming Space Dome
at ECOSS

711 Old Warburton Hwy Wesburn

\$15 full / \$10 concession
\$5 under 25 year olds
(\$10 supper available)



6pm - Doors open
6.30 - Poetry workshop & open mic
7pm - Supper
7.30 - Feature poet - Neesha Shimmen
8pm - Open mic

Call Chris: 0414 306 772
facebook.com/yarravalleyspokenword



Yarra Junction

\$895,000 - \$980,000

The Church, Yarra Junction.

A local gem, extensively remodelled and expertly designed with flair and opulence. Offering country accommodation at its finest, this retired Church backs right onto the Warburton Rail Trail with an abundance to offer as an ideal place to call home. Bright open space basked in beautiful natural light, wood-burning fireplace, split heat/air systems, washer & dryer, euro-style electric oven, free-standing bathtub, balcony, native gardens and multiple seating areas. Currently configured to sleep 4 with 1 Queen size bed downstairs and 2 King size Single beds on the mezzanine/ upstairs level. There is plenty of onsite parking and bike storage, walk to the local café's and Yarra Junction shops or wander along the picturesque trail to Warburton and beyond.



David Carroll
M 0419 539 320
P 5967 1277

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