

Sweet Porridge



August 2024



Little Yarra Steiner School is situated on Wurundjeri Country. We respectfully acknowledge the Wurundjeri Woiwurrung People of the Kulin Nation as the Traditional Custodians of the lands on which we work, learn, and play, and pay respect to their Elders past, present and emerging.

We are honoured to share in the continued care of this land, with its wetlands and river, its stones that sleep in the depths of the Earth, its plants and trees that reach for the Sun, and all the creatures that know it as home. We respectfully acknowledge the ancient and enduring culture of those who have walked this land in the past, which will continue to enrich the lives of our community into the future.

Welcome back

Dear LYSS Community,

Hoping you all had a warm and restful break, and are gently setting back into the rhythm of the school day.

The grey cloudy skies and rain of a few weeks ago, feel like a long time ago as the days are getting longer, the sun a little brighter and the beautiful silver wattles exploding with golden yellow.

Warmly, Karli

(sweetporridge@lyss.vic.edu.au)

Contributions of articles, recipes, stories, poems, music and artwork always welcomed.

Advertising deadline for the next issue of Sweet Porridge is Friday 23rd August

Guling Orchid Season (August)

- Cold weather is coming to an end. Guling (orchids) are flowering.
- Ae-noke (caterpillars) of Common Brown butterfly feed on grasses at night.
- Muyan (Silver Wattles) are flowering.
- Bulen-bulen (Superb Lyrebird) males perform the last of their courtship displays.
- The star Arcturus is seen on the northwestern horizon soon after sunset.
- Gurrborra (Koalas) begin mating. Males bellow at night.



Guling - Hyacinth orchid (Dipodium roseum)

Source: Museums Victoria



SHINING LIGHT
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MASSAGE

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SIMONE MICHELLE TOUSSAINT

Advertising rates and artwork specifications

- Small ad / 25 words – \$3
- Business card size: 92.5 x 65.5mm or 100 words – \$6
- Quarter page: 92.5 x 136mm – \$10
- Half page (Horizontal): 190 x 136mm – \$17
- Full page: 190 x 277mm – \$30
- Community Notices – Free of Charge
- All year by arrangement

All revenue raised from Sweet Porridge benefits the Parents Association of Little Yarra Steiner School.

Advertising payments can be made via EFT.

BSB 633 000 A/C 14 284 4166 LYSS P & F

Please email all content to sweetporridge@lyss.vic.edu.au

ENERGETIC HEALING AND MASSAGE



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The Lost Jewel

by Jo Valens

Once upon a time there was a beautiful queen. She was a queen of many riches, but most precious of all to her was her clear-eyed jewel. This jewel had belonged to her grandmother and to her grandmother's grandmother before that. One day, when the queen had been busy doing this and doing that, she discovered that her clear-eyed jewel was missing. Where could it be? She looked all around for it; she looked here and she looked there—she looked everywhere. But nowhere was her jewel to be found. She was so very sad. That night, before going to bed, she went to the window and looked up to see the first star appearing. And the queen made a wish:

Star light, Star bright, first star I see this night,
I wish I may, I wish I might,
Have the wish I wish tonight.

When she had said these words, a star fairy appeared before her. “What is it that you wish for, my beautiful queen?”

“Oh,” said the queen, “I have lost my clear-eyed jewel. I wish that it would come back to me.”

“Ah,” said the star fairy, “don't you know what you must do when something is lost?”

“No,” said the queen. “What must I do?”

“You must sing for it.”

“Sing for it?”

“Yes; when you sing, the little gnomes will hear you, and the gnomes always know where all the lost things are, and they will show you where to find it.”

“Thank you, good fairy,” said the queen. And before she fell asleep she sang for her jewel:

Jewel, jewel, where have you gone?
Jewel, jewel, come back home.
Jewel, jewel, hear my song.

And then the queen lay down on her bed and fell fast asleep. In the night, while she was sleeping. . . a little gnome placed the clear-eyed jewel under her pillow.

When the queen awoke the next morning, she felt fresh and new. Humming her lost jewel song, she continued looking for her clear-eyed jewel. And what do you think she found? Right there, beneath her pillow, was the clear-eyed jewel! How happy was she! “Thank you,” she whispered up to the stars, even though they had already gone to their beds.

Twinkle, twinkle, little star;
how I wonder what you are.
Up above the world so high,
like a diamond in the sky!
Twinkle, twinkle, little star;
how I wonder what you are

Music Register

Instruments for Sale

Term 3 – 2024



Little Yarra
STEINER SCHOOL

Violin

1/4 size Violin Hidersine Vivente with bow and case. Excellent condition. \$250 contact Claudia 0400339235.

1/2 size violin, it is an Enrico brand, with hard carry case, shoulder rest, bow, rosin (more like half a rosin) and new set of strings just replaced. Asking \$120. 0435-798714 Kaku

1/2 size violin (Samual Eastman). Comes with case, bow and shoulder rest. Excellent condition. Photos available. Bought for \$400 (receipt available). Very well maintained. Selling price \$200. Cosimo 0406 136 810

1/2 VIOLIN, SKYLARK (photos available). Good condition, with 2 bows, no shoulder rest or E string. Case shows wear, but violin is solid. \$150. Luna 0433 337 161

1/2 size student Violin "Skylark" Chinese. 45 years old. Good condition. Comes with bow, shoulder rest, shoulder pad, rosin and good hard case. \$70. Vasudha 0451 944 051.

3/4 "Prelude Stradivarius copy" Violin, Chinese handmade instrument. Comes with a hard case, bow & shoulder rest. The violin case has a crack, could be mended, sound very good as is. \$200. Kelly 0414 391 039

Full size 4/4 "Prelude" Violin. Copy of Stradivarius. High quality, very good condition. Comes with bow & case. Valued at \$2500. Selling for \$1500. Aladdin Jones 0490 123 199 or Tessa Priest 0405 390 348.

Viola

12.5 inch VIOLA, CHAMBER STUDENT, MVI (photos available). Good condition with a few marks, 1 bow. Lockable case in excellent condition. \$250. Luna 0433 337 161

13 inch VIOLA, CHAMBER STUDENT (photos available). Good condition with a few marks, 1 bow. Solid case showing some wear. \$150. Luna 0433 337 161

Trumpet

TRUMPET, YAMAHA (photo available). Excellent condition- barely played in last 2 years! \$450. Luna 0433 337 161

Cello

1/4 size cello "Chamber" Student Model MDC550 with bow and soft case in good condition. \$400 negotiable Cat 0403 334 808

1/4 size cello. Salieri brand. Bought in 2018 through the LYSS music department. Excellent condition. Comes with bow and semi-hard case (case will require replacement). \$550 Call Monique 0401 353 698.

1/4 size Cello, Chamber Student Model – Plus, great condition, \$700. Nadine 0423 539 718.

1/4 size Sandner Dynasty Co. Cello and bow in good condition. Comes with a hard/soft case in poor condition (straps need replacing). \$400 ono. Contact Larry 0458 254 828.

1/2 size Cello Chamber 300 Brand and bow. Excellent condition. Hybrid hard case. \$1000. Victoria 0411 016 299.

3/4 CELLO, SKYLARK (photos available). Decent condition with a few marks, 1 bow. Solid case with broken zip but clasps still close. \$400 neg. Luna 0433 337 161

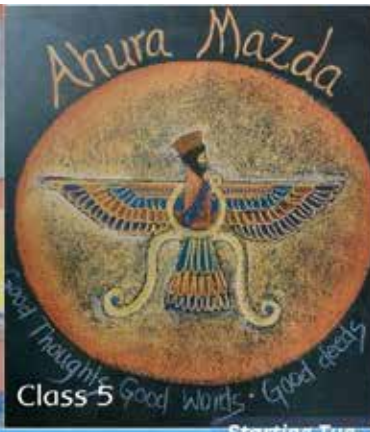
3/4 size 'Arco' Animato Strings Cello, very good condition. Comes with bow and hard foam case. Probably needs tuning. \$550. Contact Liz on 0401 054 881 or lizmynes3357@gmail.com.

4/4 full size Cello Enrico Student Plus II. This lovely cello is in excellent condition, being near new and having had limited use. Comes with bow and hard foam case. \$800 Liz 0401 054 881 or lizmynes3357@gmail.com.

Please note that music teachers are happy to assess if the instrument is the correct size for your child and advise if there are any repairs required prior to purchase. When discussing this with the seller please explain this may take a week as the teacher will need to fit time in for this around their busy schedule. If you require a valuation, it is best to take the instrument to a valuer for a valuation none of our staff are qualified to value. Please make sure that any instruments are clearly labelled with a contact phone number for collection



Class 1



Class 5

Starting Tue
23 Jul 7pm
online

Primary Rudolf Steiner Education: the Class Teacher years 1-6

A 2-year Primary part time online course that focuses on "how does the Steiner curriculum meet the child's innermost needs at this particular stage of development?"

For Term 3, you can choose to study either the [Class 1](#) or the [Class 5](#) curriculum. All sessions are recorded. Tues 7-9pm.

<https://teachersteiner.org/PrimaryTeachingOnline>

MELBOURNE
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SEMINAR



50 years of teacher training & adult education



Starting Monday
22 Jul 7pm online

Wellbeing Through The Arts

“Art washes from the soul the dust of everyday life.”
~ Pablo Picasso

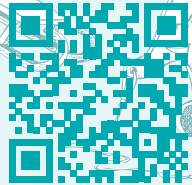
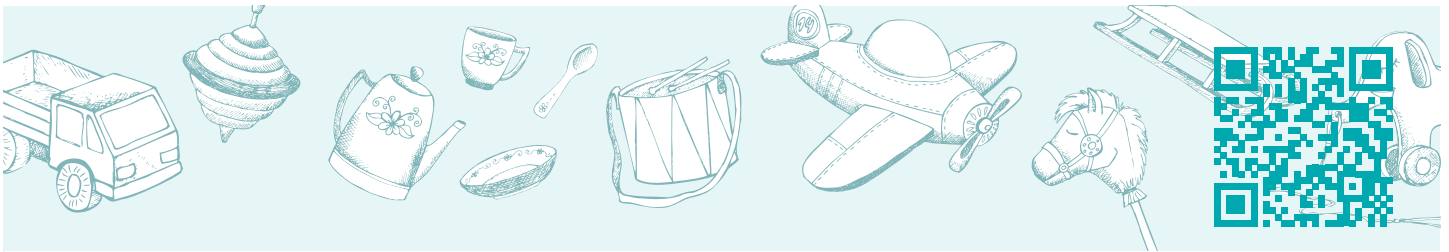
Neuroscience research and the study of neuroaesthetics reveals the transformative impact of the arts on wellbeing, mental health, and healing.

In this 2-term online course, you will explore the therapeutic value and applications of working with a range of artistic modalities, based upon Rudolf Steiner's understanding of human development.

You may experience healing benefits for yourself and find ways to offer similar experiences to students / children you care for; and how each artistic modalities may work with stress and chaos, while bringing flow to what is not flowing, and developing our will-capacity and resilience to accomplish.

<https://teachsteiner.org/WellbeingThroughTheArts>

(03) 9876-5199
<https://teachsteiner.org>
37A Wellington Park Drive, Warranwood

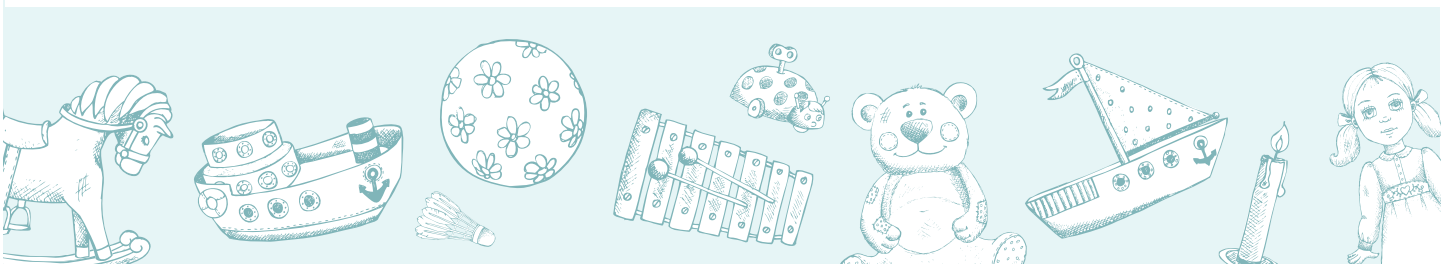


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• Toys, Clothing and Gifts • Craft Supplies • Books •



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Beans and Bananas

Fruit and Vegetable Co-op

Beans and Bananas is a local organic/ bio-dynamic fruit and vegetable co-op, providing members with an abundant box of mixed organic/ bio-dynamic fruit and vegetables at reduced prices due to our relationships with local suppliers.

Full or half boxes are packed and available fortnightly.

A full box costs around \$80 each fortnight depending on supply and market costs. There are also wonderful opportunities to be involved with the running of the co-op to reduce your box cost as an active member.

The pick-up for boxes is at ECOSS, Old Warburton Rd in Wesburn after 3pm on a Friday.

Boxes are out for collection with no fixed pick-up time to allow for different schedules on the day.



You are welcome to start with a trial of three boxes (three fortnights) at an active member price before deciding to join!

For further information or to arrange a trial contact beansveggiebox@gmail.com

Illustration and Graphic Design: Nightingale Graphics 0450 034923

Recipes

Roasted Garlic Lemon Broccoli

Ingredients

- 2 heads broccoli, separated into florets
- 2 teaspoons extra-virgin olive oil
- 1 teaspoon sea salt
- ½ teaspoon ground black pepper
- 1 clove garlic, minced
- ½ teaspoon lemon juice



Directions

- Preheat the oven to 200 ° C
- Toss broccoli florets with extra virgin olive oil, sea salt, pepper, and garlic in a large bowl. Spread the broccoli out in an even layer on a baking sheet.
- Bake in the preheated oven until florets are tender enough to pierce the stems with a fork, 15 to 20 minutes. Remove and transfer to a serving platter.
- Squeeze lemon juice liberally over broccoli before serving for a refreshing, tangy finish.

Source: allrecipes.com)

Lemon Loaf Cake (Vegan/GF)

Fluffy, tender lemon cake made in one bowl! Vegan and gluten-free and topped with a stunning three-ingredient glaze.

Cake

- 3-4 Tbsp lemon zest
- 4 Tbsp lemon juice
- 1/2 cup unsweetened applesauce
- 1/4 cup avocado oil (or other neutral oil)
- 1/2 cup maple syrup
- 1 Tbsp vanilla extract
- 2 cups almond flour
- 3/4 cup potato starch
- 1/3 cup cornstarch
- 2 tsp baking powder
- 1 tsp sea salt



Glaze

- 1 ½ tsp lemon zest
- 1/2 tsp vanilla extract
- 3 Tbsp lemon juice
- 1 ¼ cup organic powdered sugar, sifted

Instructions

- Preheat oven to 350 degrees F (176 C) and line a standard-size loaf pan with parchment paper.
- To a large mixing bowl, add lemon zest, lemon juice, applesauce, avocado oil, maple syrup, and vanilla extract and whisk to combine.
- Add almond flour, potato starch, cornstarch, baking powder, and sea salt and whisk again until well incorporated and no lumps remain. The texture should be thick and look similar to cornbread batter. If too thick, thin with a little bit of dairy-free milk. If too thin, add a little more almond flour.
- Scoop the batter into the prepared loaf pan and spread it out evenly with a spatula. Transfer to the oven and bake for 35-40 minutes, or until the top is golden brown and an inserted toothpick comes out clean.
- Let the cake cool completely in the pan — about 1 hour. Wash your mixing bowl to prepare glaze.
- While the cake cools, make the glaze in the clean mixing bowl. Zest lemon and set aside. Whisk together vanilla extract and lemon juice, then begin adding sifted powdered sugar 1/4 cup (28 g) at a time, mixing until no lumps remain. Once all the powdered sugar is added, add zest and mix once more. Set aside.
- Once the cake is completely cooled, remove from the pan and gently remove parchment paper. Place on a serving plate and, starting near one end of the cake, slowly pour glaze over the cake, letting it drizzle down the edges slightly.

(Source: Minimalist Baker)

Gardening

August in the veggie patch

- It's your very last chance to put bare rooted trees in! Race down to the nursery now, and grab some fruit trees, including apples, pears, plums, peaches, and nectarines. Deciduous exotic trees can be planted in now also.
- There's a bit happening in the veggie patch, so you could try spinach, broad beans, Jerusalem artichokes (put them in a pot or they can take over!!), potatoes, peas, onions, parsley, cabbage, broccoli, rocket, silverbeet, cauliflower, lettuce, leek, Asian greens, radish, beetroot and parsnip.
- Pruning and weeding is a top job to do at this time of year. Deciduous fruit trees love a big old haircut now, except your apricot!
- Top up mulch on your veggie patches, herb gardens and ornamental beds. Choose sustainable, low environmental impact mulch, one that will enrich your soil as it breaks down.
- Green manure crops (like faba beans or field peas) are good to go now.....improve that dormant veggie patch!
- On really cold days, why not head out to the shed, and sharpen, clean, oil and maintain your garden tools. Sounds tedious, but it's really rewarding, and will save you cash and plant illness in the long run.

Source: *August gardening tips, Sustainable Gardening Australia (sgaonline.org.au)*



Image by jcomp on Freepik



Have you spotted *Epacris impressa* in your neighbourhood yet?

Winter can be a great time to spot some beautiful flowers – you just need to keep your eyes peeled!

A stunning plant to look out for on your walk is the *Epacris impressa* or commonly called the Common Heath. This native plant is found in the south-eastern parts of Australia and will capture your eye with its small pink bell-shaped flowers through autumn and winter. The leaves are short and spikey so be careful if you try to smell the flowers!

Source: *Parks Victoria*



Share seeds with your community at Your Library's Seed Library! A free borrowing service aiming to cultivate a thriving community of gardeners and seed savers, while building and sharing knowledge, and fostering community resilience, self-reliance, and a culture of sharing.

Donate seeds saved from your garden or leftover seeds from purchased packets

'Borrow' up to 3 packets of seed for free!

Sow the seeds in your garden, nurture plants to maturity, and donate seeds back to the library

Grow your gardening knowledge at our regular, inspiring events and workshops!

The Seed Library is currently available at Bayswater, Belgrave, Boronia, Croydon, Ferntree Gully, Miller's Homestead, Mooroolbark, Rowville and Yarra Junction Libraries.

Visit or contact one of these branches to find out more information and borrow your first packet of seeds!



FOR SALE



YANGOORA!

- *Captivating views from all angles.
- *Fully renovated ensuite, bathroom and laundry complemented by exquisite views of the surrounding gardens.
- *Open plan kitchen with timeless Falcon induction hot plates, gas cook top and oven.
- *North facing lounge/family room complemented by oversized windows and access to the impressive undercover decking.
- *Modern amenities including hydronic heating (serviced by a new high-efficiency boiler), wood heater and split system cooling.
- *Multiple outbuildings including workshop, storage/studio space, stables, and woodsheds plus cleared, fenced paddocks.
- *Established orchard with an abundance of fruit trees.

PRICE

\$1,350,000 - \$1,460,000

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6 View Road, Yarra Junction, VIC 3797

Professionals Yarra Valley

2460 Warburton Hwy, Yarra Junction VIC 3797

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View this property at:
andrewmcmath.com.au/1317241
Property ID: 1317241

Community Events

Koha Cafe

Warburton Community Space

Koha Community Cafe, Warburton offers many opportunities for people to connect, give and receive!

Join our amazing team of volunteers shaping a vibrant community! Whether you're a chef, green thumb, or have unique talents, we'd love your help! Flexible hours available for food prep, cleaning, gardening, and more. Contact us at contactkohacomunitycafe@gmail.com or drop by for details.

Koha Cafe Community Dinner

Thursdays 6pm

Koha Community Cafe is a volunteer run cafe. Based on the Lentil As Anything concept. Dinner starts at 6pm, donations not required but they are what helps us stay open to serve you. Other goodies will also be available in our free pantry. Hope to see you then!

Create @ Space

Fridays 10am-4pm

We are open Fridays, come for a cuppa and a chat., choose a book from our library and meet other locals.

Hall/Room For Hire

Koha has spaces to hire from \$10 per hour. Spaces include small rooms, commercial kitchen and for big events the whole venue. Contact Koha for more details. Koha Cafe, 25A Dammans Road, Warburton. 0403 185 580, contactkohacomunitycafe@gmail.com



Edible Warburton Community Gardens

Every Thursday, 9:30am-11:30am

Come along and join us in the Edible Warburton Community Garden.

We meet each Thursday to share skills, make friends, and tend to the beautiful garden that has been a part of the Warburton community since 2012.

Bring your own tools, we share plants, seeds, and laughter.

Dance in the Valley

2nd Saturday of the Month, 7pm-8:30pm

Art Centre Warburton

Now more than ever before, we need spaces that help to support our hearts, minds, spirits, and bodies. Spaces to unravel, to share, to move, and to RELEASE.

Utilising Open Floor movement resources we practice releasing physical, mental & emotional tension in a skilful & embodied way. Jo's rich sense of humor, beautifully crafted soundscapes, experiential wisdom & vibrant spirit become the backdrop for this inspiring monthly class in the heart of beautiful Yarra Valley.

ADRA Redwood Community Centre

Discover the warmth of Redwood Community Centre! We're here for mental health, housing, food, family support, and connections. Come visit our caring space and let's grow together!

Brushy's Play Space

**Monday 10am-2pm, Tuesday 12:30pm-2pm,
Thursday 10am--2pm**

Brushy's Play Space is an open community space where you can bring your kids and meet other parents in a relaxing family friendly environment. Bring some snacks and while the kids enjoy the dress ups and cubby house enjoy a much needed cuppa and chat.

The room is also available for bookings for community activities such as play groups or for private functions such as birthday parties

UpCycles – Yarra Valley ECOSS

Saturdays, 10am-4pm

Join UpCycles at ECOSS in Wesburn! Help refurbish discarded bikes with local youth and community members, turning them into treasures for charity and sale. Proceeds fund essential tools to keep the program running. Connect with like-minded people, reduce landfill, and promote fitness and mental health. Be part of the change! Visit our Facebook page so see what we get up to and what bikes are for sale

Got a community event to promote?
Let us know and we'll add it in!

Advertising deadline for the
next issue of Sweet Porridge
is Friday 23rd August

The Misfit Project

Third Sunday of Each Month

This is a program for those that seek healthy risks, the ones who look to the skies, and who yearn for adventure! Each month we gather and set out on a day long experience. Whether it's delving deep into nature, or tackling a high ropes course, this program is sure to provide a good time!

Broaden your comfort zone, expand your social circle, and get ready to rumble!

Visit themisfitproject.org.au to find out more.

Kindred Occupational Therapy

Hi everyone, I'm Eddy and I'm new to Warburton. I have just started my own Occupational Therapy business called Kindred.

I have weekly availability to support:
7 kids (aged between 1-12)
3 teenagers (aged between 12-18)
On Tues, Wed, Thurs and Friday.

I can help with learning/academic,
personal and community based goals.

I can run OT sessions at your school, at
homes, at YREC and at the Warburton
Wellspring.

Name: Eddy Dart
Contact: 0430 727 336
email:
eddy@kindredtherapy.com.au





We have some great markets to enjoy in the Upper Yarra. Pop on down, support locals and connect with your community. Please check market websites for updates as market schedules may change due to weather.

ECOSS Valley Market

Every Friday 3.30-6pm.

711 Old Warburton Rd, Wesburn

FREE Family Fun on the 3rd Friday of the month with free kids activities.

Purchase fresh local produce direct from the farmer, by locally made wine and chocolate and grab a delicious traditional Mexican Taco for dinner!

Millgrove Community Market

Third Saturday and Fifth Sunday of every month

7am – 3pm

Memorial Park Reserve near CFA, Millgrove

Millgrove Market has over 30 stalls featuring arts, crafts, clothes, plants, bric a brac, hardware, toiletries, toys and fruit and veg.

Upper Yarra Community Market

2nd and 4th Sunday

8.30am-2pm

Yarra Junction Football Oval, Warburton Hwy, Yarra Junction

Discover a diverse selection of products such as fresh produce, nuts, dried berries, plants, handmade crafts, cozy knits, greeting cards, and unique gifts. Additionally, you can explore the market's "trash and treasure" section, brimming with second-hand treasures like books, clothing, tools, toys, and kitchenware.

The Valley Market Warburton

First Sunday of the month

11am-3pm

Thomas Avenue, Warburton

You will find a huge range of handcrafted goods here designed and made by locals. There are also food items here including locally grown fruit and vegetables, fresh free-range eggs, jams, preserves, chutneys, plants and flowers.

The Last Hoorah Bazaar

Fifth Sunday of the month

11am-3pm

Koha Cafe, 25a Dammans rd, Warburton

A preloved and hand made market. Come along and support Koha and locals whilst getting a bargain, something yummy or a lovely gift for some one. Oh and don't worry about the rain, its completely under cover! Everyone welcome!

Warburton Community Market

Second Saturday of the month

9am-2pm

St Mary's Church Hall, Warburton

Find a range of fresh produce including plants, free range eggs, fruit, vegetables, honey, cakes, scones and biscuits. The market also sells a range of handmade and pre-loved goods including toys, cards, clothes, jewellery and knitwear.

YARRA VALLEY

ecoss Presents:



ECOSS VALLEY MARKET

EVERY FRIDAY - 3.30PM-6PM



Produce ~ Tacos ~ Chocolate ~ Wine



**YARRA VALLEY ECOSS
711 OLD WARBURTON RD
WESBURN**

WWW.ECOSS.ORG.AU





FOR SALE



IDEAL FAMILY HOME IN THE HEART OF YARRA JUNCTION

- *Nestled in a prime location in the centre of the Yarra Junction township
- *Impeccably maintained north-facing family home offering stunning mountain views
- *Featuring stunning timber pitched ceilings with clerestory windows
- *Enjoy a unique blend of seclusion and convenience, perfect for creating long-lasting memories
- *A feature wood fire heater and formal dining room add to the comfort and ambiance
- *The primary bedroom is generously sized, featuring garden views, a ceiling fan, a walk-in wardrobe, and a private ensuite
- *The split-level backyard is a tranquil retreat, with a paved pathway surrounding the home

PRICE
\$890,000 - \$970,000

ADDRESS
10 Hoddle Street, Yarra Junction

Professionals Yarra Valley
2460 Warburton Hwy, Yarra Junction VIC 3797
03 5967 1800
andrewmcmath.com.au



View this property at:
<https://tinyurl.com/y98xam9r>

Uncial Calligraphy 2 day Workshop

modern uncials



**Saturday 31st August, and
Saturday 14th September,
10am to 4.30pm.**

The Boardroom, ECOSS,
Wesburn in the beautiful Yarra Valley.

Uncial is a beautiful script, often associated with Celtic writing. It is a great calligraphy script to learn as a first script and a relaxing pass time that can contribute to a variety of artistic endeavours.

In this 2 day calligraphy workshop you will learn to write the uncial script with a calligraphy pen in ink, watercolour and gouche.

Complete the workshop by writing a small quote, and if time, with a decorated Versal.

Come along to learn a new skill and experience the joy and contemplative nature of calligraphy.

We will be working mainly in black & white, with a touch of colour.

Suitable for calligraphy beginners, 14+ years!

Cost: \$160.00 - includes tuition, calligraphy pen & nib and morning tea. A materials list for each participant to bring will be provided after registration, cost approx. \$40.

Bookings and enquiries please contact Lisa Pearson:
elementalliving.lisa@gmail.com
or call 0412 209 761.

*This will be an intimate and relaxed learning space
with only 6 places available.*

Waldorf Wayfarers

Wayfarers is a performing group of students, parents, teachers and alumni from Steiner or Waldorf schools and communities around Australia and around the world who love music (particularly choral singing), and who enjoy travelling to share this love with others. Many Wayfarers are also good instrumentalists, actors, eurythmists and/or dancers – often multi-arts items are performed. Compositions by Wayfarers' founder and director Judith Clingan AM, and by other Australian composers, are often featured, as well as pieces from different historical eras in Western music.

Wayfarers also offer choral workshops to infants, to primary children, to high school students, to inexperienced adults, and to chorally experienced adults, sharing repertoire.

Every year since its formation in 1997, Wayfarers have performed in many different parts of Australia, and in New Zealand, Asia and Europe. Many who started in Wayfarers as primary-aged children have become Steiner teachers, composers, conductors. All have retained the strong friendships formed, and the love of music and all the arts.

Next year will be the last major tour directed by Judy (2025 will be her 80th year). Wayfarers aged 10 to adult from many parts of Australia will be joined by Wayfarers from Taiwan, Japan, India and Europe. Everyone will rehearse together in Canberra for two weeks (Monday 7th July to Saturday 19th July). They will then perform and give workshops in Canberra, Sydney, Newcastle and Bellingen, before flying to New Zealand, where they will perform and give workshops for two weeks (Monday 28th July to Friday 8th August.)

COSTS:

Wayfarers tours aim to be low-budget, to make them as accessible as possible to everyone interested. Schools pay for performances and workshops by providing accommodation and food. Most nights Wayfarers sleep on school floors, using their own sleeping sheet and pillow case with a borrowed mattress, pillow, doona or blankets. Many meals are made by volunteers in school kitchens. Occasionally it is necessary to sleep in hostels and to buy meals in restaurants.

A. Rehearsal two weeks (Bush Capital Lodge, Canberra - dormitories, all meals): \$1600

B. Week performing in Australia: \$700 (hired bus, two hostels, some meals)

C. Two weeks in New Zealand: \$2300 (flights to and from NZ, plus hired bus, several nights in hostels, some meals - will vary, depending on home destination)

This totals \$4600. Judy recommends everyone has \$5000 available, in case of unexpected extra hostels or meals. Canberrans subtract \$1600. Non-Canberrans add your travel to Canberra.

Any Canberrans able to only rehearse for two weeks and perform in Canberra (A) will pay \$500 (or less if they are only minimally involved) towards rehearsal venue hire. Any non-Canberran doing only (A) will need \$1600. Those Australians who can only rehearse and perform in Australia (three weeks - B) will need \$2300 (or only \$1300 if they live in Canberra). Canberrans doing the whole 5 weeks will need c. \$3100.

Judy is inviting anyone interested to join the 2025 tour – she is particularly keen to interest students, as it is young people who will carry the love of communicating through the arts onward. Those interested need to send Judy recordings of their singing and speaking (and instrumental playing if it is competent); also, if relevant, a video showing movement skills.

Please email Judy on judithclingan@me.com to express interest / to proceed with registration.

Have a look at the Wayfarers website (not up-to-date!): <http://wayfarersaustralia.org.au/>

and Judy's website: <http://judithclingan.net.au/>