



Rhythm and Routine in a Time of Uncertainty

Term 2 – Week 3
Thursday 30th April

We are all currently living through what must qualify as the most extraordinary event of our lives thus far. Every one of us around the world is simultaneously confronted by significant disruption to our normal way of life. The parents of our school, like many millions around the world, are being asked to support and facilitate the learning of their children at home. This is a very new experience for many, and significantly challenging for most.

Uncertainty in a rapidly changing scenario can easily result in feelings of frustration, fear and anxiety. These emotional responses are all perfectly understandable, and we know that our children are experiencing all these feelings too. As parents, we need to take time to regulate our own emotions with whatever tools and resources we have at our disposal so that we can support our children. It is perfectly acceptable to ask for help when it is needed, and Karla, our school psychologist, is available for this. Please feel free to contact Rachel if you wish to access this support at rmager@lyss.vic.edu.au



Summer with her mandala (Class 5, see next page)

Establishing regular rhythms and space for breathing out throughout the course of our day can offer a great deal of structure and security for our children while they are learning at home. Meal times and bedtimes are good opportunities to help to keep a sense of normal routine. Making time for activity outside is essential so that focussed work time is punctuated with moments of release. It is more important now than ever that our children get enough sleep and are nourished by a healthy diet.

Perhaps the greatest gift of this situation is the opportunity to slow down and just be present with our children and whatever is arising in the moment. They benefit greatly from feeling the reassuring certainty of our enduring love and care for them. This soul nourishment, which supports our children's emotional wellbeing and resilience, is just as important as physical food and exercise.

In these difficult circumstances, it is our humanity and our capacity for kindness, care and consideration for one another that will carry us all through. We have received so many wonderful messages of appreciation from our parent community. We are so proud of our school, both staff and parents, who embraced sudden and unexpected change to learn and grow in so many ways. We will certainly get through this together.

- John Stewart, Education Administrator

Calendar

TERM DATES 2020

Term 1	28/1 – 27/3
Term 2	14/4 – 19/6
Term 3	14/7 – 11/9
Term 4	5/10 – 11/12

CLASS 5 AUTUMN MANDALAS

Domas

As part of their Ancient India Main Lesson, Class 5 children have been using natural autumn resources and creating Mandalas of their own.



LYSS GARDEN UPDATE

Claire

Despite having to keep our distance from each other, we have been able to get working in the gardens and create some new garden beds at the farm. Apple Blossom has been kind enough to provide us with some manure which we mixed into the soil with comfrey, worms and straw - we hope this will provide us with some lovely soil for spring planting.



STUDENT WORK PICK UP AND DROP OFF

Leanne

The second round of Kindergarten to Class 12 student work and resource packs will be available to pick up at the school on **Friday 1st May**. Student work may also be dropped off at this time. To minimise the number of people on the school grounds during the day, the following times have been allocated:

9.00am–10.00am	Kinder, Prep and Class 1 (classrooms)
10.00am–11.00am	Class 2 & 3 (classrooms)
11.00am–12.00pm	Class 4 & 5 (classrooms)
12.00pm–1.00pm	Class 6 & 7 (classrooms)
1.00pm – 2.00pm	Class 8 (classroom) & 9 (Maths room)
2.00pm–3.00pm	Class 10 (English room), Class 11 (Science Lab) & Class 12 (Mac Lab)

To keep everyone safe, the following protocols have been put into place. Please read them carefully so that we can facilitate safety for all staff and parents on the day.

- To minimise the time spent on school grounds, resource packs for siblings will be available for pick up in the youngest child's (excluding kinder) classroom (i.e. from **Class 1** up). If you have student work to drop off, please do this either at the front office or directly with your class if that is the room you are visiting.
- Please go directly to your youngest child's classroom, pick up from your child's desk or labelled work for upper school students and go directly back to your vehicle
- One person to do the pick up
- Maintain 1.5 metre distance at all times
- No more than two people (plus the teacher) in the classroom at any one time
- Hand sanitiser will be available at the entrance of the classroom

Shar'lee has offered to be collection point for families in the Dandenong Ranges. She will send an email to you separately. Sonia has also offered to deliver to your door. We can also post. You may also be able to organise or offer to pick up and collect for other families. Please email me lsarah@lyss.vic.edu.au with any requests or offers so that we can best assist everyone on the day.

CLASS 11 MAIN LESSON.
HISTORY OF ART: Realism – 21st C

DANI

To kick off their History of Art Main Lesson this term, Class 11 were presented with a challenge: recreate an artwork from the Realist period using everyday materials found in the home (no pencils, no pastels, no paint!). Not everybody has a vast collection of art materials at home so this was a great way to level the playing field and encourage students' creativity. Class 11 really rose to the challenge!

Aesa's Zwierlein's lovely reproduction of *The Gleaners* by Jean-François Millet was painted using coffee, a range of teas, turmeric, coriander and basil.



CLASS 10 ART

DANI

This term, class 10 are exploring the artistic potential of digital photography. Each week they will research a different technique and then take their own photographs in this style. First up was an investigation into composition, with students looking at the placement of the focal point within an image. Students explored two techniques: *centring the subject* and *composing an image according to the rule of thirds*. It was wonderful to see the enthusiasm that so many students showed for this task; it is very clear that we have some very talented photographers within the class. Well done class 10!

CLASS 10

DIGITAL ART



"This photo uses the rule of thirds. The eye is drawn to the sign and the colours first... The overgrown ivy, tree growth and even the slight underexposure gives this picture a feeling of nature taking over."

- Edana Mueller



"This photograph of a purple flower positions the main focal point in the middle of the frame. The blurred background further enhances the flower, and the dark greens and blacks make it really stand out."

-Jesse Simpson



"I used the rule of thirds to take this photo; by having the feet on the right hand side and the camera low to the ground the eye is drawn out to the road."

- Maya King



"This image follows the centering rule. With the succulent having a circular shape, the eye is drawn straight to the center of the image due to the spiral effect of the plant. The dark background contrasts with the bright green of the plant."

- Ruby McNeill

We have had many wonderful messages of support from parents who are enjoying the website and their peek into a day in our Kindergarten. Parents have taken on the curriculum we have offered enthusiastically and with great joy. The families have been enthusiastically taking onboard our weekly rhythm with many incorporating painting, drawing, bread making and wax work into their weeks as well as the craft activities we have offered.

Our first activity across the Pre-schools was to create a little gnome story table to accompany the Therapeutic story of *"The Little Gnome Who Had to Stay Home"* kindly written for the pandemic and offered for use by Susan Perrow a master therapeutic story writer /teller. The children have created some lovely story scenes and gnomes to use when telling this story in their homes.

Our Elves/Prep children's first craft activity was to complete their rest pillow we started last term. They and the Fairies / Kinders then were to do a God's Eye, there have been many wonderful photos of these coming to me also. The next Elves job was to learn to practice their plaiting, this is a good activity for dexterity and crossing the midline.

Parents have generously shared photos of other activities their children have been involved in at home such as: gardening, woodwork, cubby building, bonfires and harvesting chestnuts to sell locally. It is a great privilege and honour to be given a peek into these children's lives at home and I am very grateful to all the Mother Holle parents for their dedication to their child's education.

Thank you!





Mother Holle Kinder/Prep

